



The cast includes, from left, Steven Coe, Carrie Lund and Paul Graffy

photo provided

Theater Delves Into Fake News

With “fake news” on the minds of many Americans these days, Players Circle Theatre will present *The Lifespan of a Fact* from Wednesday, October 27 to Sunday, November 14. The play is a tru-ish story, showing the importance of truth in journalism in the

age of fake news.

Based on the true story of D’Agata’s essay *What Happens There*, *The Lifespan of a Fact* follows Jim Fingal, who has a small job: to fact-check articles for one of the best magazines in the country. His boss has given him a big assignment – to apply his skill to a groundbreaking piece by legendary author D’Agata. But now Fingal has a huge

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Grant Recipients Showcasing Work At Historic Home

The Uncommon Friends Foundation and Fort Myers Public Art Committee will host the Biennial Individual Artist Grant Recipient Show during the month of November at the Langford Kingston Home in downtown Fort Myers.

Opening on Friday, November 5 in conjunction with Art Walk, the exhibition showcases the work of visual and performing artists who received grants from the City of Fort Myers in 2018 and 2019. But this is no ordinary 2D/3D visual arts show. Rather, it will be headlined by artist Lily performing her renowned *Paper Grotto Live!* with musical accompaniment by Kat Epple and a separate performance by Strange Arrangement.

The show will also feature busts cast in 1990 by North Fort Myers sculptor DJ Wilkins for the Harborside Event Center. The busts have been stored in an upstairs bathroom since the convention center underwent renovations, and they are being reintroduced in the wake of Wilkins’ death



image provided

on October 10.

In addition, the public can view a display of selected paintings, prints and photographs from the city’s indoor portable works collection that are typically only seen by people coming to meetings at city hall.

The exhibition will be open and available to the public at no charge on weekdays from 9 a.m. and 1 p.m. by reservation and Saturday from 10 a.m. to 3 p.m. Additional *Paper Grotto Live!*

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ART ON A PLATE

Group Exhibition



WHEN STONE SPEAKS

Alice Kiderman

Two art exhibits will be on display in November

image provided

Art And Reggae At Davis Center

The Sidney & Berne Davis Art Center offers two unique art exhibitions for the month of November. The opening night reception takes place during Art Walk on Friday, November 5 from 6 to 10 p.m. The Roots Almighty reggae band will perform at Sidney’s Rooftop from 7 to 11 p.m.

The Art on a Plate exhibition fills the Grand Atrium gallery and features intuitive designs, portraits, geometric

puzzles, strange characters and fantasies. Each artwork is unique, provocative and well-crafted.

The Kendal Art Collection was conceived by Leonardo Rodriguez and developed in the Fine Arts Ceramic Center in Miami. The word “ceramic” comes from the ancient Greek “keramos” meaning “potter soil,” a clay made of inorganic composite material. The clay is malleable in its natural form but becomes stiff after drying or firing. The technique of firing clay began with utilitarian objects for prehistoric society. Over the years, people learned that clay could change color depending on the mixtures of different



Roots Almighty

photo provided

oxides and that it could be coated (glazed) and decorated. Soon, crude pottery was transformed into more substantial objects of varied shapes and suitable for painting.

Opening upstairs in the Capital Gallery, When Stone Speaks gives a voice where there was none. Working with material as old as the earth itself, Alice Kiderman’s series of sculptures explores themes of transition and reinterpretation. It is also a study in bridging past and present.

Several sculptures are accompanied by poetry written by Shira Atik, conveying human emotion and experiences that are translated into sculpture for the viewer to contemplate.

Both shows will be on display through November 22.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, www.sbdac.com.✧

Historic Downtown Fort Myers, Then And Now:

‘Betty Boop’ In The Pulpit



by Gerri Reaves, PhD

This historic postcard image of St. Michael Lutheran Church was likely taken just after the \$4,000 parsonage (left building) had been built in late 1946.

By then, the congregation had been worshipping in the diminutive church at Lafayette Street and Grand Avenue for four years.

The church’s origins date to 1939, when a Rev. Hartman of Delray Beach headed a 38-member delegation from the Florida District Walther League in a mission to organize the church. (Note: The league is named for theologian Carl Ferdinand Wilhelm Walther [1811-1887], who is considered the spiritual

father of the Lutheran Church by the conservative Lutheran Church–Missouri Synod, of which the new church became a member in 1946.)

The league’s plan of visiting 800 families in Fort Myers resulted in the organization of the church and a rotation of pastors. In 1941, a full-time one was hired.

The congregation worshipped in this first church from 1942 until 1953, after which they sold the church and built a new one on McGregor Boulevard.

It then became the Unity Church of Christianity, whose leaders included Pastor Ann L. Werner, perhaps one of the most unconventional church leaders ever to grace a Fort Myers pulpit.

Werner, whose stage name was Little Ann Little, was always described as the first voice of the iconic classic cartoon character Betty Boop, the kewpie-doll-faced pixie known for the phrase “Boop-Boop-a-Doop!”

The background information she shared in *The News-Press* interview in 1959 seemed too tantalizing to be true. Indeed, research reveals that over the decades, like the biographical facts of many celebrities, there were contradictions and inaccuracies of Werner’s, although the gist of her bio was true.



This photo of St. Michael Lutheran Church was likely taken in 1946 soon after the construction of the frame parsonage (left). That church worshipped in this church on Lafayette Street at Grand Avenue from 1942 until 1953.

photo courtesy SWFL Historical Society, Sara Nell Gran Collection



The former St. Michael property is now owned by the Diocese of Venice. The parsonage no longer exists.

photo by Gerri Reaves

In 1959, however, at least the facts that she weighed 97 pounds, stood four feet ten inches tall, and taught dance would have been easy to verify about the widow who had grown up in New York City.

In addition to being pastor at the Unity church, she was teaching tap and Hawaiian dance in Fort Myers. She contended that her church did not consider dancing a sin but rather a healthy activity for the mind and body. It also endows the dancer with grace and poise, she said. Nor did she order church members to not drink or smoke. She did neither herself, however, and advised against the habits.

When she died in Fort Myers in October 1981, newspapers across the country printed her obituary citing her as the voice of Betty Boop.

Contradictions indicate that, over the years, facts had become fuzzy. For example, being ordained “by 1954” becomes “in 1954” and her husband Louis H. Werner morphed from a tax counselor at Consolidated Edison to its president.

She married Werner as a first husband and Joe Rothschild much later – and the reverse. And, she was born in both 1902 and 1910.

She started early in show business, thus the term “baby star.” But was that at age 8 in a sister act or was it in 1925 at age 15 in the pony chorus of the Greenwich Village Follies? The answer depends on the source.

She toured as a dancer and comedienne on RKO’s circuit and had her own radio program on the NBC network. Despite the conflicting information, reports generally support a common biographical account.

Little Ann Little wasn’t the first Betty Boop voice, but was indeed a “Boop-Boop-a-Doop” girl in 1930. In later life, she recounted many times how she was discovered by a theatrical agent from Paramount Studios for Max Fleischer’s new and now-classic Betty Boop cartoon character.

However, she didn’t debut in the role for Fleischer Studio until 1933, according to the exhaustively researched Betty Boop Fandom website.

Further complicating the research are the facts that apparently several “Boop girls” played the voice roles concurrently from 1930 to 1933, and there were not only the cartoon voice roles but appearances by Betty Boop in non-cartoon films.

The resulting confusion was probably one factor that led to a 1934 law suit that Werner brought against another Boop girl.

The *Detroit Free Press* summed it up best in 1938: “There were so many claimants to the honor of creating the Boop-a-Doop voice in the animated cartoon that Miss Little went to court about it, and can produce a court order, a copyright and

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A pup in Halloween attire photos provided

Halloween Treat Hunt For Pets

Gulf Coast Humane Society (GCHS) will host a Howl-O-Ween Treat Hunt on its campus on Thursday, October 28 from 5 to 7 p.m.

The treat hunt is free admission and costumes are encouraged. There will be many sponsors in attendance manning their trick-or-treat stations with a variety of treats to hand out on the haunted treat trail.

GCHS furry ambassadors will be greeting trick or treaters at various stations, and Sweeny's Weenies and Sunny Days Ice Cream food trucks will be on site. Other activities include face painting, Fort Myers fire truck exhibit and Halloween games.

"We enjoy hosting the community for Halloween and sharing our shelter animals with parents and their children,"



Duchess showing her Halloween spirit

said GCHS Executive Director Gary Willoughby. "Halloween is a fun time of year, and we are happy to be a part of it with this family friendly event."

Pets are not allowed at the treat hunt, but costumed dogs from GCHS shelter will be walking the grounds with volunteers.

Sponsors in attendance include: Sunny 106.3, Lee County Domestic Animal Services, Valerie's House, Lee County Sheriff's Office Animal Cruelty Task Force, Pawty Express (vendor), City of Fort Myers Police Department, Calusa Nature Center, Fort Myers Fire Department, IMAG History and Science Center, Big Brothers, Big Sisters of the Sun Coast, United Way, Children's Advocacy, The Barker Lounge and Cattyshack Café.

GCHS is located at 2010 Arcadia Street in Fort Myers. For more information, call 332-0364 or email events@gulfcoasthumanesociety.org.✱

Gala Set For Mastersingers

The Trio of Anniversaries gala fundraiser for the Fort Myers Mastersingers will be held at the Caloosa Sound Convention Center on Saturday, November 20 at 6 p.m.

The gala event will feature a sit-down dinner, entertainment and a live auction to support the Mastersingers' mission of providing musical excellence and outreach in Southwest Florida. The gala will be emceed by Shari Armstrong of Fox4 News, and the auction will be led by Rick Gallo. Appropriate recommended measures are expected to be in place, to ensure the well-being of all guests.

Funds raised at the gala will allow the Mastersingers to continue furthering the arts in Southwest Florida and providing education and outreach to youth and the elderly through music.

"This year, we are celebrating 20 years of the Mastersingers, as well as five years of the City of Palms Youth Choir and one year of the Intermezzo Memory Choir," said Jill Janda-Kanner,

president of the Mastersingers. "Now more than ever, we rely upon the support of our donors – along with the guests and sponsors of events like our anniversary gala – to help ensure there will always be beautiful music in our community."

The Caloosa Sound Convention Center is located at 1375 Monroe Street in Fort Myers. For more information, visit www.mastersingersfm.com/gala.✱

Family Friendly Halloween Event

Florida SouthWestern State College (FSW) Lee Campus will hold a free family friendly Halloween event in the Suncoast Credit Union Arena parking lot on Thursday, October 28 from 6 to 8 p.m. There will be trunk-or-treating, games and activities for all ages.

The Suncoast Credit Union Arena is located at 13351 FSW Parkway in Fort Myers. For more information, call 489-9246 or email engage@fsw.edu.✱

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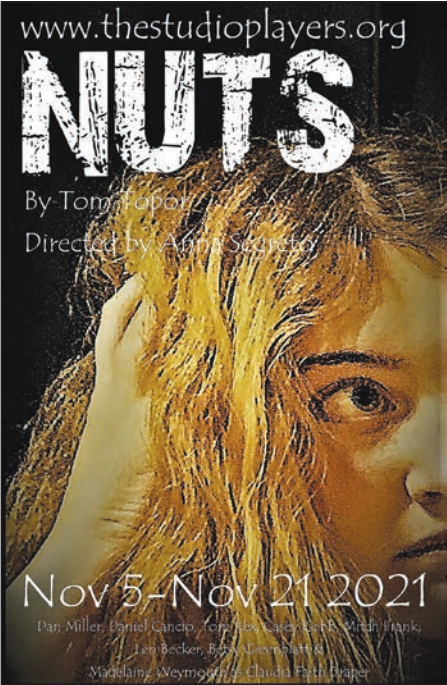
Courtroom Play Part Suspense, Part Psychodrama



by Tom Hall
For several years now, America has been divided over pop star Britney Spears' struggles to end the conservatorship that a California court ordered in 2008 at the behest of her father. While there is growing sentiment to "Free Britney," there are those who point to instances of bad behavior as evidence that the singer/entertainer is "nuts" and needs to have every aspect of her personal, professional and public life managed and controlled.

Claudia Faith Draper knows exactly how Britney feels. In The Studio Players' production of Tom Topor's *Nuts*, Draper too struggles for control of her life when her mother and stepfather seek to have her declared mentally incompetent after Claudia kills a violent "john" in self-defense and is charged with manslaughter in the first degree.

Nuts has been called the best courtroom melodrama since *Witness* for



Nuts photo courtesy www.artswfl.com
the *Prosecution* and *The Caine Mutiny Court Martial*. But Artistic Director Scott Lily and Director Anna Segreto will tell you at great length that there is so much more to *Nuts* than this. Part suspense, part psychodrama, the play is a raw and somber examination of dysfunctional family dynamics, childhood sexual abuse and the way in which the criminal justice system operates to enforce white patriarchal social structures and concomitant societal


demands and expectations. Just as Spears' erratic behavior complicated her efforts to end her conservatorship, Draper's distrust of everyone around her combined with public altercations with her court-appointed lawyer hamper, if not impede, her own defense. While that certainly complicates matters within the confines of the play, her insistence of playing by her own rules rather than those imposed upon her by the courts and the legal system makes her a sympathetic, if not entirely endearing, character in the minds of the audiences who will come to the Joan Jenks Auditorium to see this play. With recent roles like Vandy Jordan in *Venus in Fur* (for The Studio Players), Clarice Orsini in *Botticelli in the Fire* (for Lab Theater) and Jolene in Darlyne Franklin's Critic's Choice screenplay *Florida Couple* (for last year's Lab Theater 24-Hour Screenwriting Challenge), Madelaine Weymouth is uniquely qualified to portray Claudia Faith Draper. Weymouth is a rare talent, capable of highs and lows, and a full range of murderous-to-vulnerable emotions in

between. She needs to be. Draper is a deep, complex and beautifully flawed character, but played correctly (like Anne Twomey did when *Nuts* played on Broadway in 1980), it can be the role of a lifetime (no pressure). Weymouth has the benefit of a strong cast, with Dan Miller playing Officer Harry Haggerty, Daniel Cancio playing Draper's court-appointed attorney Aaron Levinsky and Tom Rex playing Franklin MacMillan. But every drama needs a strong antagonist, and here Casey Cobb and Mitch Frank get to portray Claudia's mom and rich stepdad, Rose and Arthur Kirk. *Nuts* opens Friday, November 5 and runs through November 21. The Studio Players perform in Joan Jenks Auditorium, located at 4701 Golden Gate Parkway in Naples. For more information or tickets, visit www.thestudioplayers.org. Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✽

From page 2 Historic Downtown

other documentary proof to her title." After an impressive performance career, in 1948 she moved to Florida with her retired husband, Werner, and taught acting, singing and dancing. She came to Fort Myers in 1951, sent by the Unity Village School in Kansas City, Missouri after being ordained. In the early 1960s, she had a weekly program titled *The Unity Viewpoint*, broadcast by local WINK Radio on Saturdays at 12:10 p.m. She retired from the pulpit in 1959 and married Joe Rothschild shortly after that. She continued to preach occasionally and perform locally for organizations and fundraisers and, just for fun, in theatrical productions in her Seven Lakes community in Fort Myers. She died in Fort Myers in October 1981. Visit Lafayette and Grand to see a little sanctuary with some interesting

quirks in its history. Then visit the following research centers to learn more about the churches that sprang up in mid-20th century Fort Myers. The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information. The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Call 332-8778 for the hours or visit www.leecountyblackhistorysociety.org. Visit the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org. Sources: Archives of the Southwest Florida Historical Society, *The News-Press, Pages from the Past* by Prudy Taylor Board and Esther B. Colcord, <https://bettyboop.fandom.com>, www.imdb.com, and www.britannica.com.✽




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Volunteers clean up a neighborhood

photo provided

Cleanup Nets 540 Pounds Of Litter

Kee Lee County Beautiful, Inc. (KLCB) partnered with Gutteridge Haskins & Davey (GHD) and the City of Fort Myers on Public Lands Day, September 25, to clean up Manuel's Branch Neighborhood Park and a section of the 3.5 mile stream that is a part of the Caloosahatchee Watershed. The 38 volunteers spanned over one mile of waterway, one mile of roadway, one acre of public lands and ultimately collected

540 pounds of litter and debris.

"This project was important because the debris needed to be cleaned up before it reached the Caloosahatchee Watershed," said Executive Director Trish Fancher. "Our team and volunteers made this clean-up possible, and we could not be more grateful."

The volunteers cleaned three different parts of Manuel Branch from 8 to 11 a.m. including the Manuel Branch Neighborhood Park, south of Lee Memorial Hospital and alongside Canal Street east of Fowler Street. A majority of the debris were wrappers, plastic bottles

and other common waste products. However, the volunteers also gathered other items including softballs, wiffleballs, tennis balls, buckets, car scraps and a laundry basket.

Keeping this watershed free of litter is important because it affects the water quality of the Caloosahatchee, and it affects the quality of life of the plants and

animals who live in it as well as our water supply.

"As members of the Fort Myers community, GHD was excited to work with the City of Fort Myers and Keep Lee County Beautiful at this event and we look forward to participating in more cleanups in the future," said associate and senior geologist Lori Coolidge.✱

Theme Revealed For Wine And Food Festival

Southwest Florida Children's Charities, Inc. is celebrating the raising of over \$25 million of donated funds in the past 13 years. The 2022 Southwest Florida Wine & Food Fest theme of 25 Million Reasons to Sip Sip Hooray honors the power of the community to come together and elevate the future of the local pediatric health care system.

The 14th annual Southwest Florida Wine & Food Fest will take place on January 21 and 22. The two-day celebratory-themed event will have honorary local chefs and notable vintners come together to showcase exquisite food and wine pairings.

"Achieving this goal could not have been possible without the dedication of our organization's team, sponsors, trustees and donors," said President Ed Bell. "We are proud of the work we have done for the past 13 years, and we will

continue to make strides in our pediatric healthcare systems for many years to come."

The two-day event kicks off at the Chef Vintner Dinners to be hosted in private luxury homes throughout the region to experience culinary creations from honorary chefs and mindfully paired with exclusive wineries.

The festivities continue at The Grand Tasting and Live Auction on Saturday, January 22 at Florida SouthWestern State College, where guests will mingle with culinary specialties and enjoy wine from selected vintners. Guests will raise their paddles for the opportunities to take home international travel vacations, luxury and exhilarating experiences, and opportunities to fund additional children's causes.

Sponsors include California Closets, Estero Bay Chevrolet, Jet It, Palm Printing of SWFL and Stock Development. Media partners include *Florida Weekly*, *Gulfshore Life*, *Naples Daily News* and *The News-Press*. To learn more about the 2022 Southwest Florida Wine & Food Fest, visit www.swflwinefest.org.✱

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Clips For Cancer Raises \$300,000

Clips for Cancer raised \$300,000 to ensure that programs and services are available for the increasing number of local children diagnosed with cancer at Golisano Children’s Hospital of Southwest Florida. While Childhood Cancer Awareness Month and Clips for Cancer ended recently, donations for the event are still being accepted to help as many children as possible.

More than 50 community leaders from throughout Southwest Florida volunteered to let pediatric cancer survivors shave their heads on Facebook Live during the month for awareness of the effects of cancer treatment, which often includes hair loss, while also raising funds for Barbara’s Friends – Golisano Children’s Hospital’s cancer program.

“The real impact of Clips is in the joy it brings our patients, said Dr. Emad Salman, regional medical director at Golisano Children’s Hospital of Southwest Florida. “For our current patients, it’s encouraging and shows them that the whole community is behind them and supporting them. For our survivors, it’s a celebration of their difficult journey. It’s not only about raising the critical funds and awareness around pediatric cancer but bringing hope and letting kids be kids.”

Among the highlights of the event: Frank Haskell, 92, who founded



Dr. Dave Johnson and Kadin Williams
photos provided

Barbara’s Friends with his late wife Betty, met his goal of raising \$50,000. Armando Llechu, chief officer of hospital operations and women and children’s services at Lee Health, who was inspired to create the event after he met cancer survivor Mackenzie Hummer, raised over \$50,000 towards his goal of \$100,000 to shave both his head and beard. Mackenzie prevailed and was able to take both his beard and hair in the spirit of the event and the empowerment it brings to all the children battling cancer. Cal Bruno of Bruno of Brooklyn’s Restaurant, joined by first responders and community leaders, had his head shaved during the restaurant’s seventh



Marc Collins and Lilly Bendell

anniversary outdoor block party celebration in downtown Fort Myers with the event raising over \$40,000. First responders from the Lehigh Acres, San Carlos Park, South Trail, Iona McGregor, Bonita Springs, Estero and Port Authority fire departments, as well as Lee County EMS, Collier County Sheriff’s Office and the Sanibel Police Department participated in the event. Riverdale High School students sold a T-shirt designed by a current cancer patient at Golisano and raised over \$5,000 for Barbara’s Friends. Florida Radiology Consultants not only sponsored the event but offered another \$25,000 to support head shavings of leaders, including two of

their radiologists. Behind the clippers were 20 pediatric cancer survivors from Golisano Children’s Hospital ages 8 to 23. Collectively, these survivors endured more than 30 years of treatment. Since it started in 2018, Clips for Cancer to date has raised over half a million dollars to assist families during their child’s cancer journey.

Since the beginning of the pandemic, 100 children have been diagnosed with cancer and blood disorders. To date, Barbara’s Friends has cared for more than 10,000 local children. The program helps offset the cost of medical expenses, programs and services to keep kids close to home for lifesaving care.

In addition to the shaving events, Barbara’s Friends Advisory Board members Jenna Montone held special donation classes at the Pure Barre Fort Myers and Gateway studios she owns, raising \$2,000, and Justin O’Brien and his partners at 3 Peppers Burrito Co. donated 100 percent of proceeds from all kids’ meals sold throughout the month, raising over \$3,500.

Clips for Cancer would not have been possible without the support of presenting sponsor Florida Radiology Consultants, location sponsor Great Clips and the support of The John E & Aliese Price Foundation and Dorsey Law Firm.

For more information about Barbara’s Friends and how you can help local children in need, visit www.barbarasfriends.org.

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION
Service 9, and 11 a.m. Children’s RE, Adult Education Forum 10 a.m., www.allfaiths-uc.org, 2756 McGregor Boulevard, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC
Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

ANNUNCIATION GREEK ORTHODOX
Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.

BETH YESHUA MESSIANIC SYNAGOGUE
Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE
10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

CHABAD LUBAVITCH ORTHODOX
Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE
Sunday 10 a.m., www.revtedalhouse@aol.com, 10200 Cypress Cove Circle, 850-3943.

CHAVURAT SHALOM
Friday Shabbat services every week 7:30 p.m. Other programs on vacation. ChavuratShalom@gmail.com.

CHURCH OF THE CROSS
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

COVENANT PRESBYTERIAN
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY
Sunday 8 and 10:45 a.m. Jan 1 – Easter; 9 a.m. after Easter – Dec 31. www.crownoflifelutheran.com. 5820 Daniels Pkwy, 482-2315.

REDEEMER CHURCH
Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN
Sunday 8, 9, 10 and 11 a.m. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH UNITED METHODIST
Sunday 9 and 11 a.m., 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.

FIRST CHURCH OF THE NAZARENE
Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

FORT MYERS CHRISTIAN CHURCH
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;
Sunday 10 a.m., 8210 College Parkway, 482-3133.

FIRST PRESBYTERIAN CHURCH OF FORT MYERS
11 a.m. Sunday, www.fpcforymyers.org, 2438 Second Street, 239-334-2261

IONA-HOPE EPISCOPAL CONGREGATION
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC
Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

LAMB OF GOD
Sunday 7:45 and 10 a.m., www.lambofgodchurch.net, 19691 Cypress View Drive, 267-3525.

NEW HOPE PRESBYTERIAN
Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY
Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN
Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEEMER LUTHERAN
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD
8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER
Meditation classes. www.MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE METROPOLITAN
Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY
Sunday 9:30 a.m., www.saintnicholasmonast

[ery.org](http://www.ery.org), 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST
Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

TEMPLE BETH EL SYNAGOGUE
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)
Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE FAITH CENTER
Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.

THOMAS A. EDISON CONGREGATIONAL
Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

UNITARIAN UNIVERSALIST
Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

UNITY OF FORT MYERS
Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH
Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

WORD OF LIFE
Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN
Sunday 8, 9:30 and 10:45 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040. Email changes to press @islandsunnews.com or call 395-1213.

Plant Smart

Obedient Plant

by Gerri Reaves

Obedient plant (*Physostegia virginiana*) is a showy wildflower that attracts bees, butterflies and hummingbirds.

A member of the mint family, this perennial is native to most of the U.S. and eastern Canada and cultivated as an ornamental. It is also called false dragonhead.

Its native status in Florida is in some dispute, but the authoritative Atlas of Florida Plants lists it as nonnative. Similar relatives in the *Physostegia* genus, such as the more vividly marked eastern false dragonhead (*P. purpurea*), are native.

A fast grower, it reaches a height of three feet or more, with prominent erect spikes of tubular flowers in white, pink, lavender, or purple.

The opposite oblong or lanceolate leaves are serrated with paler green undersides. The stems are square, a characteristic of the mint family.

The odd common name comes from the flowers' obedience in staying put when manipulated, for example, in a flower arrangement.

The common name, false dragonhead, is said to derive from the flower's resemblance to snapdragons. Another explanation is that "dragonhead" derives from *Dracocephalum*, the genus's former classification.

The flowers are arranged vertically in pairs on the four-to-six-inch spikes. The lower flowers open first.

The showy flowers have a two-lobed upper lip that is somewhat flat or slightly hooded and a three-lobed spotted lower lip.

There are four stamens with dark anthers and five sepals.

Tiny nutlets ripen in the fall.

This species is typically used as a border, where it will spread via creeping rhizomes. Give it a moist spot in partial shade and sun.

It is moderately drought tolerant but not salt tolerant.

Since it can be aggressive, consider growing one of the many cultivars in pots and enjoy the long-lasting cut flowers.

Sources: <https://floridata.com>, <https://hort.ifas.ufl.edu>, <http://www.plantsoftheworldonline.org>, and www.wildflower.org.



Obedient plant attracts bees, butterflies, and hummingbirds photo by Gerri Reaves

*Plant Smart explores the diverse flora of South Florida.**

Regulations Proposed For Goliath Grouper

At its October meeting, the Florida Fish and Wildlife Conservation Commission (FWC) approved a draft proposal for a limited, highly regulated harvest of goliath grouper in Florida state waters. Staff were directed to explore additional changes before bringing the proposal back for final approval at the March 2022 meeting.

If approved in March, this proposal would provide additional stakeholder access to goliath while continuing to allow access through catch-and-release, ecotourism and dive viewing opportunities.

The proposed draft rules include:

A recreational harvest of up to 200 goliath per year, with a maximum of 50

from Everglades National Park;

Requiring a recreational goliath harvest permit and tag, issued via a random-draw lottery, to legally harvest a goliath (staff will explore setting the cost of the tag, currently proposed to be \$500, based on the cost of managing the program);

Limiting harvest to one fish per person per open season with permit and tag;

A March 1 through May 31 season;

Allowable gear would be hook and line;

A slot limit of 20 to 36 inches total length (staff will explore raising the slot minimum size limit to 22 or 24 inches total length);

Harvest would be permitted in all state waters except those of Palm Beach County south through the Atlantic coast of the Keys (staff will update the proposal to include Martin County); and

Harvesters would also be subject to post-harvest requirements.

In addition, staff will explore modifying gear regulations to minimize impacts from catch-and-release fishing on goliath grouper spawning aggregations.

The FWC will continue to monitor the status of the stock using alternative metrics approved by the commission in 2018.

The FWC will also continue ongoing efforts that recognize goliath's role in the ecosystem and promote stock rebuilding.

Learn more about goliath grouper at www.myfwc.com/marine by clicking on "Recreational Regulations" and "Goliath Grouper" under the "Reef Fish" tab.

View the commission meeting agenda

and documents at www.myfwc.com/ commission by clicking on "Commission Meetings" and the agenda under "October 6-7, 2021."*

First Responders Appreciation Day

The Veterans Club of America, Post #1, will hold its second annual First Responders Appreciation event on October 28 at 2 p.m. First Responders, including emergency medical service, fire fighters, police officers and Coast Guard officials, will be offered free barbecue meals and homemade cookies. Any veteran in the surrounding communities is invited to come and participate. A military band is scheduled to play.

"As veterans, we are often honored by citizens for the duties we have done, yet we are aware that there is another group of individuals who spend their time completing duties that saves many lives and helps those near them, yet are often ignored or even ridiculed," said Veterans Club member Robin Perkins Matthews. "Our first responders, fire EMS, Police Sheriff and Coast Guard are members of our local community that need to be appreciated every single day. As veterans we realize that it is more than just a job for these people."

The Veterans Club of America, Post #1, is located at 16701 San Carlos Boulevard in Fort Myers. For information, visit www.facebook.com/veterans-club-of-america-121705027843536.

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Fall Hunting Season



by Capt. Matt Mitchell

Fall tarpon fishing continues to get better and better. Out along the beaches, I'm seeing lots of fish. Unlike our springtime pre-spawn tarpon, these fish are hungry and eating. They will stay here on the unlimited bait buffet until the first hard cold front. With so much bait out along our beaches, they pack on lots of calories before that upcoming annual journey south.

The most difficult part of getting in on this amazing world class fishery is locating these fish. Conditions will be the main factor as calm waters make spotting these rolling fish much easier. Some days we find these fish within the no wake buoys and can return to them for days as long as weather conditions remain consistent. Then there are those other days you can run for miles and just never find them.

With great risk comes great reward, and running the beach looking for these fish can either be a slam dunk or a big goose egg. No other fish we target draws as many comparisons to hunting... they are our big game. Once you do locate them, you must position



A beach tarpon comes boatside before being released

photo provided

the boat within casting range so your angler has a shot. Wind direction plays a huge part in this as a down-wind cast is a much longer cast than one up or cross wind.

Slowly drifting through these fish works really well, while gently pointing your bow using the trolling motor as little as possible. Letting these fish come to you takes much more patience but works much better than aggressively chasing them. The more relaxed and happy these tarpon are, the better they feed. Wait till they come into range before making a cast.

Finding birds and bait fish is usually the first part of a tarpon hunt. Giant schools of threadfin herring are where these tarpon want to be. Time of day has been critical as most days the bite was over by 9 a.m. Although the bait was still there, the tarpon had done their thing and simply quit showing in any kind of numbers. A few ways to get to these fish early is by catching your threadfins while out looking for these tarpon. You can do this either with a heavy cast net to sink or with a sabiki rig. My favorite is to set a few pinfish traps the day before and pull them on the way to the beach tarpon grounds. Either way, don't miss out on those few magical hours that these tarpon are most active.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.*

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Dave Doane with his co-worker Jesse

CROW Case Of The Week:

Nine-Banded Armadillo



by Bob Petcher

The nine-banded armadillo (*Dasypus novemcinctus*) is the only species of armadillo found in the U.S. – even though there are nearly 20 varieties of armadillo in

the world. It is a medium-sized mammal found mainly in the southern portion of North America, as well as Central and South America, making it the most prevalent species of the armadillos. It is reportedly working its way north in the U.S. as some have been seen in Illinois.

The “little armored one,” as its name translates in Spanish, is generally only 2 ½ feet long from the tip of its nose to the end of its tail and averages 12 pounds in weight. Amazingly, this type of mammal can traverse smaller streams and creeks efficiently. It has been known to hold its breath for close to six minutes and can move (walk) along the bottom of rivers.

At CROW, an adult female nine-banded armadillo was admitted after being found drowning in the current at Fort Myers Beach. The patient may have tried to negotiate a section of the back



Patient #21-5229 had a short stay at the clinic after almost drowning in the Gulf of Mexico

photo by Haillie Mesics

bay and reached the gulf by mistake.

“Armadillos swim to cross bodies of water as needed, this serves the purpose of extending their range,” said Dr. Charlotte Cournoyer, CROW veterinary intern. “It is possible that the armadillo was swept to the beach by a strong current, even if that was not where it began its swim.”

Upon examination, the patient had some lacerations on its back and tail as well as abrasions on its nail base.

“We suspect it received its lacerations from struggling, possibly during the

drowning,” said Dr. Cournoyer. “The wounds were cleaned with chlorhexidine and saline but did not require further attention.”

Veterinarians were also concerned that the patient had inhaled some of the salt water since radiographs showed evidence of this. Dr. Cournoyer explained how salt water shows up on x-ray imaging.

“Lungs should appear dark grey to black on x-ray since they are filled with air,” she said. “Water in the lungs causes them to appear light grey instead, which can also cause reduced outline to other

structures – such as vessels or the heart.”

Unlike fish, which absorb water through their skin and gills in a process called osmosis, and many marine mammals that have specialized organs, land mammals do not have the capacity to take in excessive salt water. They can drown, just like a man or woman.

“It is as serious as any other mammal, including humans. Inhalation of water, if it does not lead to drowning, can lead to infection in the lungs and reduced oxygen exchange,” said Dr. Cournoyer.

Medications and antibiotics were administered and, over the next few days, the patient showed steady improvement.

“On presentation, oxygen support was provided and fluids under the skin to rehydrate the armadillo were also given,” said Dr. Cournoyer. “The armadillo was placed on systemic antibiotic therapy for pneumonia from the inhalation of salt water, thus the antibiotics were also helpful in the healing of the lacerations.”

After six days in care, the nine-banded armadillo regained strength through nutritional support and was released back on land on Fort Myers Beach. Log it as another successful rehabilitation case by the folks at CROW’s clinic.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.✱

Ribbon-Cutting Set For Park

There will be an official ribbon-cutting at Brooks Community Park, 50 South Road, just south of Page Field in Fort Myers, on Wednesday, November 3 at 3:30 p.m. It will feature brief remarks by Lee County commissioners and other officials.

The \$1.6 million project features a shade structure for the pickleball courts, new restrooms, upgrades to existing restrooms for compliance with ADA standards, 196 additional parking spaces, sidewalks, additional landscaping and plumbing improvements. The park is host to youth and adult athletic leagues.

For more information, visit www.leeparks.org, call 533-7275 or email leeparks@leegov.com.✱

College Graduates

Zofia Eker and Jonathan Ascher, both from Fort Myers, recently graduated from Ohio University during the summer 2021 semester.

Eker graduated with a master of science degree in business analytics, while Ascher graduated with a master of science degree in geological sciences.✱



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Party Band Returns To The Heights Center



From left, Kevin Kenworthy, Lori Thomas, Randy Thomas, Willy Miller, Matthew Chapman and Rob Robinson make up The Heights 2020 Party Band photo provided

The Heights Party Band will perform a concert fundraiser at The Heights Center on Thursday, November 11 at 7 p.m. Doors open at 6:30 p.m. The evening will include familiar and forgotten favorites, classic rock, country and a little “chaotic spontaneity,” according to The Heights Foundation.

The Heights Party Band is a group of rotating high-quality local musicians who call The Heights Center home for several concerts each year. Admission is \$10 per person and includes complimentary appetizers and a cash bar. Social distancing precautions will be in place. The event is sponsored by CRE Consultants.

The party band is led by Randy Thomas (formerly with Shania Twain, Allies and Sweet Comfort Band). He will drive a professional veteran rock, pop and country jam. Thomas is best known as the Grammy award-winning songwriter of the crossover hit *Butterfly Kisses*.

The concert features well-known local

musicians: Kevin Kenworthy (formerly with Loretta Lynn) on vocals, keyboards and guitars; Rob Robinson (producer for Lynyrd Skynyrd) on vocals, keys and guitar; Willie Miller (formerly with Deb and the Dynamics) on drums; and Nashville’s Matthew Chapman (formerly with Allies) on bass. Lori Thomas will also join on vocals.

Randy and Lori Thomas perform the country club circuit in Naples and Fort Myers. “When we play country clubs they are dressy and fun, but they are private events,” said Lori Thomas. “The Heights Party Band is a chance to do a mix of singalongs with our friends. Everyone is invited.”

“This is a band that can pivot on a dime. Everyone is so professional, that the song choices are improvised,” said Randy Thomas. “Any of us may start a song – unannounced – and the rest follow. The chaotic nature of this band makes it a lot of fun. We surprise ourselves every year!”

The Heights Center is located at 15570 Hagie Drive in Fort Myers. For tickets, visit www.heightsfoundation.org/heightspartyband or buy them at the door. For more information, call 482-7706.✱

Food Drive Locations

Pushing the Envelope, Inc. (PTE) has teamed up with Community Cooperative to launch its 11th annual CAN IT! Campaign, a food drive for local needy. The goal is to collect 2,500 food items to help local families in need this Thanksgiving.

Donations for the CAN IT! Campaign, including canned food and other non-perishable food items, will be accepted through Monday, November 15 at these participating locations in Fort Myers.

Pushing the Envelope, Inc. – 2402 Bay Street, #106

Artisan Eatery – 8951 Daniels Parkway

CareerSource Southwest Florida – 6800 Shoppes at Plantation Drive, Suite 170

Greater Fort Myers Chamber of Commerce – 2310 Edwards Drive
Iron DNA Fitness – 1900 Trailwinds Drive

Markham Norton Mosteller Wright & Company – 8961 Conference Drive
Safe Harbor Reformed Church – 12960 Plantation Road

Salon Max and Fi – 6309 Corporate Court, Unit 120

Southwest Florida Symphony – 7500 College Parkway, Suite 200

Your CBD Store – 4144 Cleveland Avenue, Unit 2

Norris Furniture & Interiors – 14125 South Tamiami Trail

Community Cooperative’s wish list includes items such as canned fruits and vegetables, Hamburger Helper, canned tuna, chicken, ham and roast beef, canned milk, rice, macaroni and cheese, pasta and pasta sauce. For a list of suggested and accepted food donation

items, visit www.getpushing.com/community/can-it.

To make participating easier, PTE is offering an additional, online way to donate. Participants can shop online via Amazon Pantry and have their donation delivered directly to the firm’s office.

PTE is always accepting local businesses to serve as drop-off locations for the food drive, too. To get involved as a drop-off location or to donate, contact 221-2858 or email alexandra@getpushing.com.✱

Junior League Hosts Women’s Conference

The Junior League of Fort Myers will virtually host “She Is...,” its first women’s conference focused on celebrating women who have persevered, triumphed and navigated adversity in life, on Saturday, October 23 from 9 a.m. to 1 p.m. Four motivating speakers will share tools women can use to tackle their personal goals.

“Our hope for this conference is that attendees will learn, build connections and experience a community of women in Southwest Florida and beyond. It’s called “She Is...” because we hope women can fill in the blank after ‘She Is...’ with anything they can dream of for themselves,” said Junior League of Fort Myers Advancement Director Meghan Warner.

Added Erin Cowan, Junior League of Fort Myers president, “Our mission has always publicly focused on improving our community through voluntarism, but an equal part of that mission is to develop the potential of women. A conference

like this one brings that part of our mission to life. We hope this will become an annual must-attend event for women throughout our community who want to grow.”

All conference sessions will be held virtually. The four speakers are: Karen Spears, founder of Freely Give Inc.; Kayla Ajini, founder of SWFL Leading Ladies; Megan Woodell, owner of Mindset in the Making; and Patricia Devost, owner of Coastal Coaching and Consulting.

Tickets are \$25 per person and available at www.eventbrite.com/e/she-is-a-womens-conference-tickets-167893821941.

For more information, contact Warner at financevp@jlfm.org or visit www.jlfm.org.✱

Fire Prevention Day And Fall Festival

Lee County Parks & Recreation, in partnership with the Lehigh Acres Fire Control and Rescue District, will host Lehigh Acres Fire Prevention Day and Fall Festival at the Veterans Park Recreation Center on Saturday, October 30 from 10 a.m. to 1 p.m.

The free activities for all ages include: extraction demonstrations; fire prevention, safety tips and education; booths with information from local businesses and organizations; demonstrations of the Martial Arts and Champions in Motion program; scarecrow contest with judging by participants of the club rec after-school program; and free hot dogs, popcorn, candy and snow cones.

Children up to age 13 can participate

in trick-or-treating with a costume contest beginning at 1 p.m. Prizes will be awarded for first-, second- and third-place winners of four different age groups.

Other Lee County Parks & Recreation Fall Festivals planned throughout the county include:

Lakes Park Fall and Halloween Festival – now daily through October 30, 6 p.m.;

North Fort Myers Community Park annual Fall Festival – Friday, October 22, 6 p.m.

Cauldrons, Candy, Costumes, Carnival & Cart-or-Treat at the Boca Grande Center – Friday, October 29.

Spooktacular Night at the Estero Park – Saturday, October 30, 5 p.m.

For more information about Lee County Parks & Recreation locations, amenities and other special events, visit www.leegov.com/parks, call 533-7275 or email leeparks@leegov.com.✱

From page 1

Grant Recipients

performances will be scheduled on Friday evenings between the show’s opening on November 5 and closing on Saturday, November 27.

The Langford-Kingston Home is a rare Chicago bungalow style home that possesses architectural features normally associated with Frank Lloyd Wright. Today, the Langford Kingston Home is administered by the Uncommon Friends Foundation, which also operates the Burroughs Home.

Langford Kingston Home is located at 2500 First Street in Fort Myers. For more information about the exhibition, contact Fort Myers Public Art Consultant Tom Hall at 691-2292 or tom@artswfl.com.✱

Children's Advocacy Celebration

The Children's Advocacy Center (CAC) of SWFL will celebrate 40 years of providing services to children and families at the Burroughs Home and Gardens on Saturday, December 4. The featured keynote speaker is Sasha Neulinger, director of the acclaimed documentary, *Rewind*, his personal story of surviving multi-generational child sex abuse. Neulinger now travels the world, sharing his story and providing a voice for children that deserve access to justice and healing. Additionally, Sheriff Carmine Marceno and Sheriff Mike Scott (ret.) will serve as the honorary event chairs.

This event is possible thanks to the generosity of several sponsors. Event signature sponsors include the Lee County Sheriff's Office, the Fort Myers Mighty Mussels and The Arnold Simonsen Foundation.

"We are looking forward to celebrating the work of our CAC in December and are so grateful for the support of our sponsors to ensure that this celebration is a joyful evening that brings in additional funding for the agency," said Cole Peacock, CAC board president. "This agency is critical for our community to assist children who have been victims of abuse and neglect providing a child-friendly environment where they can be heard and begin to heal."

Current sponsors for the CAC support of this event and the agency include: The Bobby Nichols Fiddlesticks Charity Foundation; Barraco & Associates; Brown & Brown Insurance; the Burnside family; Busey Bank; Candis Loving; Clinger, Sizemore & Associates – Merrill Lynch – John Clinger and Steven Sizemore; Karla Y. Campos-Andersen Esq; the Ciampaglio family; DeMine Immigration Law Firm; FGCU and the Marieb College of Health and Human Services; First Horizon; Florida Blue; David and Monique Fry; Lady Cakes Bakery; Lee Health; Mark Loren Jewelry; Markham Norton Mosteller Wright & Company, PA; Millennium Physician Group; Mutual Trust Advisory Group – Scott R. Schatzle; Nemeth Air Conditioning; Priority Busines Solutions; Old Florida Dream Team – Keller Williams Fort Myers and the Islands; Seed and Bean

Market; the Smith family; and Thompson Family Law.

For sponsorship information, contact CAC Board Member Jessica Walker at jwalker@markham-norton.com. For more information, call 939-2808 or visit www.cac-swfl.org.

Schools Chosen As Models Of Positive Behavior

Twenty-nine schools in the School District of Lee County have been chosen as Positive Behavioral Interventions and Support (PBIS) model schools by the Florida Department of Education PBIS Project. PBIS encompasses research-based strategies used to increase quality of life and decrease problem behavior by teaching new skills and making changes in a person's environment.

The 29 schools are: Bayshore Elementary; Bonita Springs Elementary; Bonita Springs Middle Center for the Art; Buckingham Exceptional Student Center; Caloosa Elementary; Caloosa Middle School; Cape Elementary; Colonial Elementary; Cypress Lake High School; Dr. Carrie D. Robinson Littleton Elementary; Edison Park Creative and Expressive Arts School; Gulf Elementary; Harns Marsh Middle School; J. Colin English Elementary; Manatee Elementary; Mariner High School; Mirror Lakes Elementary; North Fort Myers Academy for the Arts; Orange River Elementary; Patriot Elementary; Rayma C. Page Elementary; River Hall Elementary; Royal Palm Exceptional Student Center; Sunshine Elementary; Three Oaks Elementary; Three Oaks Middle School; Tortuga Preserve Elementary; Trafalgar Elementary; and Trafalgar Middle School.

The PBIS Resilience Award was introduced this year as a way to recognize schools for their successes in continuing their schools' positive behavior interventions and support initiatives, while also navigating the challenges of virtual instruction and activities that had to be modified due to the pandemic. All schools chosen as model schools also earned the resilience distinction.

Several middle schools still have their applications being reviewed, so it is possible more schools will be awarded

PBIS Model School and PBIS Resilience awards.

The FLPBIS Project's Model Schools program recognizes schools that have received training in PBIS, demonstrate improved school-wide outcomes as well as equitable student outcomes and have shown fidelity of implementation.

To earn this level of achievement, schools must meet the following specific criteria: exemplify high levels of PBIS implementation fidelity; demonstrate generally low rates of exclusionary discipline when compared to similar school types across the state; and demonstrate equitable student outcomes.

The 29 PBIS Model Schools will plan celebrations to unveil their new PBIS banners once they arrive. To learn more about the FLPBIS Project Model School program, visit www.leeschools.net.

Lee Health Awarded Grant For Disparities

The U.S. Health Resource Services Administration (HRSA) has awarded Lee Health \$3.2 million to fund efforts by Lee Community Healthcare to address health disparities in the community.

Created by Lee Health, Lee Community Healthcare is a community health center that provides primary medical care to the medically uninsured and economically distressed residents of Southwest Florida.

The funds from the HRSA grant will be used over the next two years for several initiatives, including:

Help fund salaries and benefits for staffing of the planned expansion of the Dunbar Lee Community Healthcare office; Establish a mobile medicine program in partnership with a local organization;

Create six telemedicine "hubs" in facilities serving underserved communities; and

Streamline the referral process for smoking cessation services for Lee Community Healthcare patients.

"This grant is going to have a huge impact on our region," said Dr. Larry Antonucci, Lee Health's president and chief executive officer. "At Lee Health, we are doing so much work with health disparities in underserved communities, and this funding from HRSA will allow us to grow our services even more in these communities that need care."

The planned expansion at the Dunbar clinic will provide additional primary care and behavioral health services to the community through renovation of space and the addition of 14 full-time employees, which includes family practice physicians, a psychologist, a licensed clinical social worker, advanced practitioners, medical assistants and other key positions.

Additionally, the mobile medicine program, which will be funded through the grant, will include an established mobile medical unit to be used for COVID-19 testing, vaccinations and primary care.

For more information, visit www.leehealth.org.



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Book Review

Falling



by Di Saggau

On the inside cover of *Falling*, it reads, "You just boarded a flight to New York. There are 143 other passengers on board. What you don't know is that 30 minutes

before the flight, your pilot's family was kidnapped. For his family to live, everyone on your plane must die. The only way the family will survive is if the pilot follows his orders and crashes the plane. Enjoy the flight." Well now, if that doesn't get your attention, I don't know what will.

Falling is an intense thriller with characters you will care about. With a flight scheduled for a family reunion, I was not anxious to read about this kind of scenario, but I couldn't resist. The book is full of suspense, and I didn't cancel my flight.

The pilot Bill Hoffman is flying a red-eye from Los Angeles to New York, which means he'll miss his son's baseball game. That's the least of his troubles. He soon learns what has happened to his family and what he is being asked to do. Newman focuses on a small group, the pilot and his family,

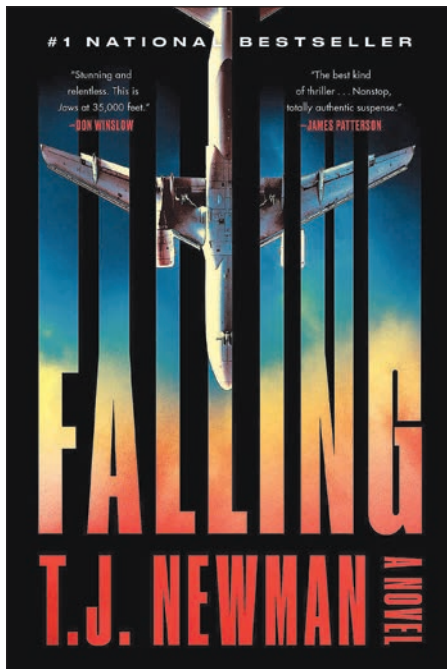


image provided

the flight's crew, a few passengers, the bad guys and some key people on the ground.

One of those people is Jo, a longtime colleague who knows what is going on and, in turn, gets her FBI-agent nephew Theo involved. It's a race against time to save the family and the passengers. Newman's background includes being a flight attendant, and she wrote much of the book on cross-country, red-eye flights while her passengers were asleep.

The story is set in real time spread over three time zones. Brief flashbacks show how characters became who they are. We see Bill in flight school, then as a husband and father. As to the bad guys, we see them as children, bonding as they watch an American movie in a faraway country. This first-time novel by Newman is full of authentic suspense.

Don Winslow said, "A bullet train of a thriller with incredible tension and personal stakes. The real engine of this stunning and relentless book is how far would you go to save your family? I read *Falling* with my heart in my throat. This is *Jaws* at 35,000 feet. An extraordinary debut and the perfect summer page-turner."✱

School Smart



by Shelley M. Gregg, NCSP

Dear Readers,

As we approach one of the biggest holidays of the year, Halloween, feelings of great excitement as well as some feelings of fear

may emerge. Most kids and adults enjoy Halloween and dressing up in costume, however there are a significant number of children who dread Halloween.

They hate getting dressed up and are fearful for a number of reasons. Some kids and their parents alike are often secretly embarrassed to say that they do not like this widely loved day and feel uncomfortable about not fitting in like everyone else.

There is no need to be embarrassed. Halloween can be a real stressor! Some children find the holiday quite challenging. For kids who are shy or have challenges acting appropriately, dealing with surprises and disappointments, following directions, getting along with peers, Halloween is difficult. And the arguments about wanting to eat all the candy immediately, or requiring kids to share their candy can make Halloween a disaster.

There are some things that you can do to address a child's anxiety about Halloween. As you know, routine and anticipatory guidance can help those with anxiety. Make sure your child understands exactly what will happen and what is required of them. Go out early to avoid the "mayhem" of later hours and give as much information about the timetable as possible. If a little chaos is unavoidable, kids with anxiety will likely be reassured by a return to routine at home afterwards, like a regular bedtime story or activity.

There are some real fears associated with Halloween for young children who still have trouble distinguishing fantasy from reality. They could get a very unpleasant surprise, particularly if they have specific phobias or anxiety associated with Halloween images like witches or monsters. Also, parents should be aware that older children passing into their "teens" are developing a better understanding of death especially in light of all the school shootings. The holiday could be unsettling for them.

Make sure that the costume your child will wear, especially if they have sensory issues, will meet their needs.

For some kids, particularly those with sensory issues, the wrong item of clothing can destroy a wonderful night, for you and for them. Many parents have concerns about the sexy or gruesome Halloween costumes marketed to kids, so be cautious with the costume choices.

Halloween is supposed to be fun but going out or dressing in costume isn't required. The comfort and joy of your child should come first. If this isn't the year for your child to trick or treat or be able to handle extended activities with peers, there is always next year. Make sure that the teacher is aware of your child's apprehension. You may want to ask her if they can miss the party at school.

If you choose to stay at home, have a clear agreement about who will speak at the door, so that anxious kids know what's expected of them. Should you decide to stay in, your child can still participate from a safe place and gain some social experience, even if it's not a lot. Remember, this night is supposed to be fun, but it can also be a learning experience for a child that allows them to enjoy it more fully in the future.

You may just want to make up your own unique routines for the day. Pumpkin carving, pizza for dinner and spending the evening together at home as a family may just be the right thing to do for your child this year. If having your own routine makes both you and your child less anxious about Halloween, celebrating it your own way may make this holiday much more enjoyable.

Shelley Gregg is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com or at www.schoolconsultationservices.com.✱

From page 1

Fake News

problem: John D'Agata made up a lot of his article. What starts out professional quickly becomes profane.

Tickets are \$50; no charge for parking. Due to the pandemic, masks are requested.

Players Circle Theatre is located within the Shell Factory and Nature Park at 16554 North Cleveland Avenue in North Fort Myers. For more information or tickets, visit www.playerscircletheater.com or call 800-3292.✱

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Causeway Project Discussed At Meeting

Lee County's primary goal in improving the Sanibel Causeway is to keep intact the two islands' Sanibel feel and their historical usage, according to Jesse Lavender, director of Lee County Parks & Recreation, who told members of the Sanibel & Captiva Islands Chamber of Commerce during a virtual Power Hour on October 6.



Jesse Lavender

"That's kind of why I wanted to get these renderings drawn up to share with the public," he said during his Zoom slide presentation. "I've lived here my whole life. If I look at these renderings, I feel it's in keeping the nature of the island. We're not looking to change that up. It's not Marco Island, it's not Naples, it's not even Fort Myers Beach. We want to preserve what we've had."

Work began this summer on the project, which has a hard completion date of June 20, 2024. County crews have taken down invasive, nonnative Australian pines and started to build T-groins on Island B, closest to Sanibel. Lavender emphasized that design planning is only 30 percent decided, and the county welcomes feedback on the plans, which are available to view at www.leegov.com/parks.

Improvements already decided include



Jesse Lavender shared renderings of the proposed improvements

more T-groins on both islands with beach renourishment, designated ingress and egress for parking areas, a roundabout for dropping off paddlecraft and small sailboats, native landscaping that will provide more shade than the Australian pines did previously, stormwater management measures, pavilions on both islands and permanent restrooms on both sides of Island A. Key to the new design, a dunes system with crossovers between parking and the beach will stabilize the islands and slightly raise their elevation to counteract sea-level rise.

Still on the drawing board, the county is considering a bike lane, a pervious walking path, rock enhancements on the south side of Island A to keep down wave action, fishing enhancements such as a cleaning station and restrictions for waverunners.

"We want to keep the historical activities on each island and make it safer and prevent erosion," Lavender said. "Jet skis sometimes get careless and close to swimmers. We're talking about swim

zones, but that won't come until later in 2024."

Questions from meeting attendees reflected concern about changes to parking. On the two islands, there will be a total of 238 designated parallel and pull-in parking spots, including four RV spots. Lavender compared that to vehicular counts on the causeway this past Labor Day weekend – a total average of 411 a day on both islands. Some of the parking on Island A will be converted to event space for Easter Sunrise Service and the Sanibel-Captiva Conservation Foundation (SCCF) annual fundraiser for Sanibel Sea School.

Commissioners will be meeting soon to decide on whether or not to institute parking fees on the causeway, plus other

facets of the project, Lavender said.

"We appreciate what you're doing on the project," said John Lai, chamber president and chief executive officer. "You're on the hot seat today. I think we had more than 20 questions. The community is very engaged with this project, as it should be. I know it will be something we can be proud of when it's completed."

Lavender has served with Lee County Parks & Recreation for the past 17 years at almost every level. Prior to that, he graduated from the University of North Carolina at Greensboro with a bachelor's degree in travel, tourism and commercial recreation. He also worked as a fishing guide in Pine Island Sound and Everglades National Park.✱

photo provided

Continental Women To Meet

The Continental Women's Club will hold a luncheon meeting at The Hideaway Country Club on Thursday, November 4 at 11:30 a.m. Guest speaker Jennifer Benton, CEO of Abuse Counseling and Treatment, Inc.

(ACT), will talk about ACT's mission, which is to protect, support, educate and empower victims of domestic violence and their children, survivors of sexual assault and human trafficking in Lee, Hendry and Glades counties.

Cost to attend the luncheon is \$24.

The Hideaway Country Club is located at 5670 Trailwinds Drive in Fort Myers. Call Liz Paul at 691-7561 for more information or to make a reservation.✱



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Will Power

Proposed Tax Legislation Creates More Issues Than It Solves



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

In my last column, I reviewed how the proposed tax legislation treats Intentionally Defective Grantor Trusts (IDGTs) as being owned by the grantor at his or her death rather than outside of the estate for estate tax purposes. (You can read that column at bit.ly/30w7Ev2.) Today I'm going to wonk-out and describe why the proposed legislation creates more issues than it solves.

To fully understand why I say this, we must first review why the grantor trust rules were enacted. In the 1950s, the top income tax rate was 91 percent. High-bracket taxpayers saw an opportunity to shift income by dividing their investment assets

among dozens (and, in some cases, hundreds or even thousands) of trusts that could claim to be separate taxpayers, each with their own set of lower marginal rates.

To combat this practice, the Internal Revenue Code of 1954 included a set of rules under which a trust would be ignored for income tax purposes where the grantor retained certain powers over the trust assets (see Sections 671-678), resulting in the trusts being conglomerated on the grantor's individual tax return. **That's for federal income tax purposes.**

At the same time, certain retained powers will not result in trust assets being included in the grantor's estate for **federal estate tax purposes**. This asymmetry is the source of the current problem. By treating grantor trust income differently for income rather than for estate tax purposes, clever estate planning attorneys found several ways to take advantage.

A parent, for example, can create a trust that pays income to children and grandchildren, yet the parent is taxed on that income, creating the means to transfer additional wealth, as the payment of tax for the children is not treated as a gift. Further, a trust that is ignored for income tax purposes is free to loan and/or purchase assets with its grantor, or both, without the economic impact of those transactions being subject to income or capital gains tax. Therefore, a parent can "sell" an asset to an IDGT that benefits his children, taking back a promissory note, and that parent won't recognize any capital gains or interest income, yet he transfers the asset and the future appreciation out of his estate for estate tax purposes.

Consequently, creating irrevocable trusts that are respected for gift and estate tax purposes but ignored for income tax purposes became a staple of estate planning and wealth transfer. Combine these with valuation discounts and IRS qualified below-market interest rates, IDGTs have been used to help facilitate the transfer of substantial amounts of wealth to younger generations without gift or estate tax. I frequently use these strategies for my clients in my practice.

These are the strategies that Congress is trying to eliminate.

Does the proposed legislation achieve their goals? Yes, but they also raise unresolved issues. The proposed law would make all grantor trusts included in the grantor's estate for federal estate tax purposes. This would include, for example, a life insurance trust that uses any income, past or present, to pay policy premiums.

There are other ambiguities as well. The current grantor trust rules, for example, provide that an IDGT is a disregarded entity and treated as if it were the grantor. The legislation would contradict this treatment by saying that a grantor trust will not be disregarded in the context of a transfer of property between a grantor trust and its grantor. Presumably, the purpose is to cause a taxable recognition of gain on any sale or exchange between a grantor and a grantor trust. But what if the grantor trust is the one with the gain? Doesn't the trust now pay its own tax on that gain? Or is the carve out just for the recognition of gain and not for the payment of tax? What is the effect when the grantor pays the tax?

These are as much income tax questions as gift/estate tax questions.

What about a swap power? The code now provides that a trust is a grantor trust if the grantor has the power to reacquire the trust assets by substituting other property of an equivalent value. I use this frequently to swap appreciated property (that has large, unrealized capital gains) for cash so that on the grantor's death, there is a step-up in tax cost basis on the appreciated property. The proposed law, if enacted, would eliminate this strategy.

Grantor Retained Annuity Trusts (GRATs) and Qualified Personal Residence Trusts (QPRTs) might also be at risk despite having specific code sections authorizing their use. Unlike the grantor trust statutes that appear in the income tax section of the code, GRATs and QPRTs are found in the transfer tax (gift, estate, generation skipping transfer) section of the code. Would they be eliminated or not?

Which brings us to the \$64,000 question. What exactly is Congress trying to do? Is the goal to stop taxpayers from taking advantage of the asymmetry between the income and transfer tax rules, or is the goal to sweep away the use of many types of trusts commonly used as estate planning tools?

As happens most often, in writing sweeping changes to the tax laws, Congress creates as many conundrums as it solves.

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Campaign For Matching Funds

Earn to Learn Florida (ETLF) is instituting a campaign to raise \$420,000 locally to match federal funding from AmeriCorps, in partnership with Volunteer Florida. Community members are asked to sponsor a near peer coach by contributing matching funds to leverage the federal grant of \$648,000 for a total budget of \$1 million.

The funding will allow 72 AmeriCorps members to be deployed as near peer coaches for postsecondary success to serve 900 hours each during the program year August 1 through July 31, 2022. More than 720 students will receive Near Peer Coaching.

"In 2020, an AmeriCorps grant launched our near peer coaching for secondary success," said Brenda Tate, CEO of Earn to Learn Florida. "This year's funding, along with the generous support of our local community, will help additional students pursue their dream of completing a postsecondary education with little or no debt."

Local matching fund partners include: United Way Suncoast; Suncoast Credit Union Foundation; United Way of Lee, Hendry, Glades and Okeechobee Counties; Comerica Charitable Foundation; and Regions Bank.

Near peer success coaches support students as they transition from high school to a postsecondary education institution. Members focus on advising students, especially those from low-income

backgrounds, through the complex steps toward college enrollment, including the admission and financial aid processes.

Each near peer coach will receive a stipend of \$9,900, plus a \$3,000 scholarship for their continued education upon completion of 12 months of service.

To donate, visit <https://give.classy.org/nearpeer>.✴

Marketing Firm Adds Designer

CONRIC PR & Marketing has added Guy Noegel to its creative design team as senior graphic designer. He brings more than 15 years of creative experience and a fresh perspective to imagery and visual design projects for CONRIC's regional and national clients.

"CONRIC has an amazing sense of unity and a stellar reputation to back it up," said Noegel. "The people here are genuine and honestly care about every aspect of what they do and who they do it for. It's an honor to be a part of the CONRIC family."

Noegel was born in Smithtown, New York, and moved with his family to Florida where he crafted his love for music into a creative outlet and a reason to learn



Guy Noegel

graphic design at an early age. In his spare time, Noegel creates websites for charities, supports causes benefitting animal care and hosts Halloween event fundraisers for people in need. He has three dogs, all rescues, that he cares for with his wife in Cape Coral.✴

New Coordinator

Nichole Allen has been named matched savings for education program coordinator at Earn to Learn Florida (ETLF).

"By combining student savings with the support of financial literacy training, academic and career coaching and financial aid, low- to moderate-income students will be prepared for success in both the short and long term," said Allen. "We are confident that an investment in these students' academic success will have long-lasting effects on their careers and the rest of their lives."

Allen joined ETLF in December 2020 as a program assistant and development associate. She has a bachelor of arts of applied science in management from Peru State College in Nebraska, and 18 years of business management experience.

For more information, visit www.earntolearnfl.org or email Brenda Tate at brenda@earntolearnfl.org.✴



Nichole Allen

Public Relations Nonprofit Day

The annual Nonprofit Day of the Southwest Florida Chapter of the Florida Public Relations Association (FPRA) will take place at the Collaboratory on Thursday, November 11 from 8:30 a.m. to noon.

The event is an opportunity for Southwest Florida's philanthropic organizations – and those interested in learning more about the community's charitable-giving landscape – to gather and learn from local industry leaders on various topics, including ways to improve local reach and social impact while overcoming current and future challenges.

This year's theme, PR Boot Camp: Basic Training for Nonprofit Communication, will focus on providing attendees with usable information and tools to enhance current campaigns and development efforts, build an effective communications plan for internal and external audiences, create a consistent brand and mission, and craft newsworthy stories that drive action.

Cost for the half-day seminar, which includes breakfast, is \$30 per person and \$20 for students. Registration deadline is November 5, and seating is limited.

Sponsors for the event are M&M Multimedia, Payton Brands, Studio+ and Wear The Fund.

The Collaboratory is located at 2031 Jackson Street in Fort Myers. To register, visit www.fpraswfl.org/events/nonprofit-day-pr-bootcamp.✴



Karlie, former neuro patient

photo provided

Foundation Provides Grant To Golisano Hospital

Nearly five years after Golisano Children's Hospital of Southwest Florida opened with significant help from philanthropy, The Wasie Foundation has committed to bringing new, vital programs through the children's hospital and its satellite campuses with a challenge grant of \$3 million. This investment will significantly impact the landscape of children's healthcare for the families and children of Southwest Florida.

"The Wasie Foundation is honored to partner with Golisano Children's Hospital on three different initiatives," said Jan Preble, vice president of programs for The Wasie Foundation. "Our hope is for improved access and care for children needing mental health services, pediatric oncology and specialty services, or pediatric neurosurgery. Ultimately we want to assist Golisano Children's Hospital in creating a better quality of life for children facing various health challenges."

The Wasie Foundation has pledged \$1 million each in community challenge matches for:

Expanding the Naples Pediatric Specialty & Hematology/Oncology Clinic for cancer care; neurology; developmental pediatrics; cardiology; endocrinology; nephrology; surgery; ear, nose and throat; urology; sleep medicine; neonatal intensive care unit follow-up clinic; gastroenterology; infectious disease; allergy; asthma and respiratory therapies, and the addition of ophthalmology.

Creating a pediatric neurosurgery program at Golisano Children's Hospital of Southwest Florida, including recruiting world-class pediatric neurosurgeon(s) in collaboration with Johns Hopkins All Children's Hospital, equipping operating suites and patient care units with state-of-the-art pediatric neurosurgical equipment, as well as providing critical training and simulations to the clinical team.

Investing in Kids' Minds Matter, by expanding support for pediatric mental and behavioral health, including establishing a new Behavioral Health Clinic at the Bonita Health Center to provide space for five child psychologists

and a testing center.

"These grants from The Wasie Foundation, with additional help from the community, will allow us to expand our ability to provide quality care close to home to the patients and families of Southwest Florida," said Dr. Emad Salman, chief physician executive at Golisano Children's Hospital. "These three priorities are directly in line with our strategic plan to provide more health services to the children of our region."

The Wasie Foundation grants will allow:

Renovation of the Naples Clinic to add six exam rooms, two procedure rooms and more telehealth capability, as well as addition of a new state-of-the-art total immersion chemotherapy infusion room and three additional exam rooms for the Hematology/Oncology Clinic. The clinic will be the first in Florida to provide total immersion therapy during treatment. Construction is expected to begin in December, with completion in 2022.

Bringing pediatric neurosurgical specialty to the hospital as early as the fall of 2021, with plans for additional programs that require a neurosurgery foundation (e.g. pediatric trauma) to be added in the future. Currently, neurosurgical procedures and conditions such as shunt placement, brain tumor biopsy or resection, swelling of the brain, spinal injuries, head trauma and head deformities require children to leave the region for care.

Construction on the Behavioral Health Clinic at the Bonita Health Center will begin in fall 2021, with the clinic operational by spring 2022. Recruitment for additional mental health providers and support staff is currently underway.

For information on the projects and how to help meet the challenge grants, visit leehealthfoundation.org.

Virtual Support Group For COVID-19 Loss

Hope Healthcare is offering a support group for adults age 18 and older who have lost a loved one as a result of COVID-19. Open to the community at no cost, the support group provides an opportunity to discuss emotions such as anger, guilt, blame or resentment and learn from the experiences of others.

Despite COVID-19's continued presence in the community, participants can discover positive healthy steps that lead toward healing by creating meaningful rituals and receiving validation for the experience of loss. Hosted by Mary Lisa Grimmer, a licensed mental health counselor, the group sessions are held weekly on Tuesdays from noon to 1:30 p.m. via Zoom.

Registration is required. To sign up, contact Grimmer at 489-9184 or email mary.grimmer@hopehcs.org.

With community support, Hope Healthcare is able to offer additional counseling programs including grief support for adults, teens and children, bereaved parents and those who have

experienced the loss of a loved one. To learn more, visit www.hopehcs.org/counseling.

Lee Health Adds Chief Physician And Executive

Ryan Brown, MD, SFHM, FACP, has been named chief physician and operations executive for Lee Memorial Hospital.

Brown comes to Lee Health with more than 20 years of healthcare leadership experience.

In his new role, Brown will be responsible for overseeing all hospital operations at Lee Memorial, jointly with Julia Liebscher, RNC, MSM, BSN, chief nurse executive. That includes ensuring overall quality of medical care while supporting a culture of performance, quality, service, accountability and transparency for clinicians and staff across Lee Memorial.

Most recently, Brown held leadership positions with Atrium Health in Charlotte, North Carolina, including specialty medical director for hospital medicine and medical director for acute care health



Ryan Brown, MD

informatics. He also previously served in leadership roles with Carolinas Medical Center-NorthEast in Concord, North Carolina and the Naval Hospital Corpus Christi Health Care System in Corpus Christi, Texas.

"Dr. Brown is a seasoned physician leader, and we are very excited to welcome him to our team," said Armando Llechu, Lee Health's chief officer hospital operations and women and children's services. "I look forward to all that he'll accomplish while leading Lee Memorial Hospital as the chief physician and operations executive, and I have no doubt he will continue the exceptional job Dr. James Kasiewicz did while serving in the interim position."

Brown is filling the role previously vacated by Dr. Scott Wolf, who left Lee Health last year to pursue another opportunity. Dr. Kasiewicz, MD, FACS, served as the interim chief physician executive while a national search was conducted to fill the position. During Dr. Kasiewicz's tenure, Lee Memorial Hospital effectively responded to the COVID-19 pandemic and developed capacity management solutions, thanks to his exceptional leadership. Dr. Kasiewicz will continue his roles as trauma medical director, chief of surgery and division chief of trauma surgery.

Brown earned his medical degree from the University of North Carolina at Chapel Hill and completed his internship and residency in internal medicine at the National Naval Medical Center in Bethesda, Maryland.

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Frankly Speaking



by Howard Prager
This week, let's explore the comeback of the Chicago Sky, who won their first WNBA championship, and the big change throughout the minor leagues.

The Chicago Sky needed the finishing touch to bring them to the tournament. Here's how *The Athletic* described it: "When all-star Candace Parker was weighing her decisions in free agency last winter, (Sky Coach James) Wade went to Courtney Vandersloot and asked if she thought the Sky should go all-in on the Sparks veteran. The answer was a resounding yes. Vandersloot told him: 'She's somebody that we need to help take us to the next level.' Vandersloot and Allie Quigley, both decade-long Sky veterans, then put the full-court press on Parker. They shipped treats from Portillo's (Parker's favorite Chicago restaurant) and deep-dish pizza to Parker's home in Los Angeles. They talked on the phone about what the Sky's ceiling could be with Parker. 'Great teams need great players,' Vandersloot told Parker. And all three of them believed that. Wade took a less culinary approach. He discussed the Xs and Os of what

Parker's addition would mean to the Sky's system. They talked about game film and game planning, Vandersloot's passing and the ability for Chicago to space the floor with five 3-point shooters on the court at any given time. When the schematics were exhausted, Wade addressed the biggest piece of what it would mean for Parker to play for Chicago: She was coming home. She grew up in the Chicago suburb of Naperville. Parker was already one of the most recognizable women's basketball stars in the world. Would she willingly take on more attention, with added expectations and critics? She said she wanted in.
The Chicago Sky went 16-16 during the regular season. Consistency was not their middle name. The sixth seed in the playoffs, they first had to win two single elimination games. As reported by the *Chicago Tribune*, "It didn't matter what others thought of their chances. The Chicago Sky knew they were going to win the WNBA championship heading into this postseason. The Sky completed their miracle run with an 80-74 victory over the Phoenix Mercury on Sunday in which they came back from an 11-point fourth-quarter deficit, after trailing nearly all game. They set a WNBA record for most wins in one postseason with eight en route to the franchise's first title." They are sky high indeed!
Much closer to home is the changes finally taking place in the minor leagues. For the first time, MLB will provide housing (or housing allowance) for

minor leaguers. This is a huge win, and just the first step towards providing better conditions for these future major leaguers. Last year, MLB decided to condense the minor leagues, and teams developed stronger affinity with their parent teams (like the Mighty Mussels and Twins organization have done).
As reported by *The Athletic*, "The culture around the minor leagues for decades has been one of silence, where players were expected to keep quiet and endure exploitative and frankly dehumanizing conditions," said Harry Marino, executive director of the non-profit Advocates for Minor Leaguers. "We saw a real drastic and important break in that this year. Minor League players now understand that they don't have to stay quiet. And the players who took the lead and spoke out... deserve an enormous amount of credit, because this change - which will have a drastic impact on minor league players for generations to come - wouldn't have happened without that courage." The league said in a statement that it expects the change to go into effect for next year, but some details remain unclear. Not every minor-league player will reap the benefit. In mid-September, MLB and its owners agreed to provide housing for "certain" minor-league players, the league said. An MLB spokesperson declined to explain the parameters around inclusion, citing a process that has yet to be finalized. "MLB is engaged in a multi-year effort to modernize the minor league system and better assist players as they pursue their dreams

of playing in the Major Leagues," the league said in its statement. Marino said housing has always been top of mind for many players he's spoken with.
The good news story is also a baaaaa news story. It's about a sheep and a former rugby player. The Good News Network reported that former Australian rugby player Nick "Honey Badger" Cummins was driving and saw a sheep stuck in a barbed wire fence bucking like a bronco to get out. The humanitarian in him came to life, and he immediately jumped out of his car and started to try and free her horns from the barbed wire. It wasn't easy. This was an animal in great distress and it took great patience from Nick to try and calm the sheep down while working aggressively to free it from its binding. Adult sheep weigh between 100 to 300 pounds, and this one wasn't little. Finally successful, Nick picked up the sheep and put it over the fence to go bleating happily home. This is one of those times you may need to watch it (www.goodnewsnetwork.org/nick-cummins-shepp-rescue-australia) to take it all in. Nick played rugby for eight seasons in Australia and Japan, and then transitioned into a successful acting career in TV and commercials, including an appearance on *The Bachelor*. Maybe animal rescue is his next career?!
Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.

Seeking A Pair Of Caring Hands

Unique opportunity to work as a Caregiver for an active Senior who enjoys life enrichment activities and stimulating convos. I am looking for a caring & compassionate person to Care for my Mother. The right person will be outgoing, energetic, flexible, driver and adaptable. Work Schedule is 5 days a week and 5 hours per day. Salary is \$25/hr. Forward your email to Mark (chillington@gmail.com) for more details.



Golf Tournament Benefits Students

The Red Sox Foundation held its 10th annual Swings for the Sox golf tournament at the Tiburón Golf Club and raised \$47,195. All proceeds from this year's tournament will benefit the Lee County Red Sox Scholarship program.
Each year, the Red Sox Foundation awards a \$5,000 college scholarship to one deserving student from each of the 14 public high schools in Lee County.
To date, the Swings for the Sox has

raised more than \$497,000 for local charities and specifically \$437,175 for the scholarship program. This year's title sponsor was DLD Builders and joined Millennium Physician Group as presenting sponsor.
The Red Sox will go live with an online auction through www.mlb.com and their big Ultimate Red Sox raffle that will raise additional funds for the local scholarships later this month.
The Red Sox Foundation is a 501(c)3 nonprofit organization and the official team charity of the Boston Red Sox. For more information, call 226-4783 or email swingsforthesox@redsox.com.

SPORTS QUIZ

- 1. Who holds the NHL career record for major fighting penalties with 333?
- 2. At the 2021 European Beach Handball Championships, what violation caused members of Norway's women's beach handball team to be fined by the European Handball Federation?
- 3. What is the name of the San Francisco 49ers' gold-miner mascot?
- 4. In 2006, the sports TV channel known as Outdoor Life Network (OLN) became rebranded as what?
- 5. Actor Mark Harmon (*NCIS*) was the starting quarterback for what college football team from 1973-74?
- 6. In 1981, what Chicago Cubs infielder dubiously achieved the "anti-Triple Crown" by having the lowest number among qualified batters in average, RBI and home runs?
- 7. What is the name of the Old Line State college football rivalry series between the University of Maryland Terrapins and the Navy Midshipmen?

ANSWERS

1. Tie Domt. 2. Wearing shorts instead of bikini bottoms. 3. Soundough Sam. 4. Versus. 5. The UCLA Bruins. 6. Ivan DeJesus (.194 BA, 13 RBI, 0 HR). 7. The Crab Bowl Classic.

Doctor and Dietician

Have You Lost Your Curve?



by Ross Hauser, MD
and Marion Hauser, MS, RD

Some of us have lost our girlish figures, but that is not what we are talking about here! We have been treating patients' ligament and tendon injuries to every area of the body for nearly 30 years at Caring Medical – low backs, knees, elbows, TMJs, wrists, ankles, toes, shoulders, hips, pelvis and, of course, necks. However, in recent years, we have seen an astounding increase in neck or cervical spine injuries, causing people to develop a wide array of symptoms that patients may not realize come from injuries to the neck – causing them to lose their healthy neck curves. Why? It is our opinion that the dreaded “facedown lifestyle” is the culprit leading to ligament creep – a condition where ligaments start to stretch and stretch until they are no longer able to handle the load. A whiplash-type injury from a fall, car accident, sports injury, or even coughing may lead to worsening of the cervical injury, resulting in cervical spine abnormalities with eventual cervical dysstructure and pain.

Let's look at the types of curvatures of the neck that we see. You can see pictures of these at www.caringmedical.com if you want more information. The lordotic curve (or the C curve) is the correct curve of your neck. As injuries continue, cervical vertebrae then sublux, or move, and you see a gradual loss of lordosis to a

straightening or military curve, an eventual reverse curve or Kyphotic curve, and eventually a reversal of the curve or an “S” curve signifying spinal instability.

You may ask, well, does it matter if I have lost my natural lordotic curve? Some patients that we see may be walking around with loss of their cervical curves and remain completely asymptomatic. That is until something happens! Discs begin to narrow between the C3-C4, C4-C5 and C5-C6 segments, as well as at the upper cervical levels. Strange sensations begin to develop such as headaches, neck pain, dizziness, tingling down the arms, brain fog, ear fullness, blurry vision, feeling of spinning and ringing in the ears. As this condition worsens, some patients experience even more terrible symptoms such as heart arrhythmias, fluctuations in blood pressure, GI disturbances and brain problems.

When the force per unit area becomes greater than the strength of the tissue, the results are tissue injury and pain. Since joint instability is the cause of almost all chronic pain, curing chronic pain involves tightening the loose joints by stimulating the appropriate ligaments to tighten, and thus resolving the destructive joint forces. As tissue further weakens, destructive joint motions are produced every time the joint is used, creating a vicious cycle of worsening joint destruction and pain.

At Caring Medical, we document cervical instability utilizing digital motion x-ray, along with physical exam and other modalities. Healing protocols include regenerative injection treatments, such as prolotherapy from one of our skilled prolotherapists and/or cervical realignment therapy for curve correction performed by our chiropractic physician. We also encourage our patients to do things at home to work on improving their cervical curves, such as sitting with shoulders and chin back and tummies tucked in, standing regularly, especially if you work at a computer for a long time, getting regular exercise and, most certainly, implementing a dramatic reduction in cellular device usage in the facedown position. So, if you have lost your curve, remember that there are ways to get it back.

This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in

dearRPharmacist

Improper Thyroid Testing Leads To Years Of Misery



by Suzy
Cohen, RPh

Dear Readers:

Thyroid disease is occurring at epidemic rates, yet many physicians still do not know how to properly evaluate a patient for a thyroid or adrenal

condition. Most of the time, you have to take control of your own health care decisions and lab evaluations in order to get well.

That's what I had to do many years ago, so it surprises me that today there is still resistance to many simple lab tests that could uncover the problem. My book, *Thyroid Healthy*, gives you the simple education you need to empower yourself with information so you can get well.

As an example, for the last 45 years, doctors have been taught to evaluate a patient for a thyroid problem by ordering a thyroid stimulating hormone (TSH) blood test. Unfortunately, this is not the best way to determine if you have a low thyroid. This test, while very cheap, has many limitations which is why getting free and total values for T4 and T3 is useful, along with a panel that assesses thyroid antibodies. Furthermore, the basal body temperature test should be part of your thyroid workup.

Just checking your thyroid levels or your TSH is not enough. The adrenal glands are connected chemically speaking, and if your

1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.✱

adrenal glands are over-producing cortisol, you will not feel well, and no amount of thyroid medication will solve it.

Knowing your cortisol levels are important because cortisol can raise thyroid binding globulin (TBG) that then causes you to have reduced free thyroid hormone available to your cells. In other words, stress which raises cortisol will ultimately lead to hypothyroidism. Cortisol changes, according to your circadian rhythm, and should be measured with a four-point urine test such as DUTCH or another equivalent.

Adequate testing for this condition has barely budged in decades and, as a result, you may be suffering needlessly. One more test that I suggest is for iron, specifically the “ferritin” test, which is a good place to start. The reason I recommend drawing a ferritin level at the time of your “complete thyroid panel” is because hypothyroidism often causes people to have a low body temperature. That's why they always say they're cold, even when the ambient room temperature is comfortable. The situation causes fewer red blood cells to be manufactured by bone marrow (which is temperature sensitive). So if your body temperature is low and so are your ferritin levels, it builds the case for hypothyroidism. It's all about putting the puzzle pieces together. The normal reference range varies from lab to lab, but it should be somewhere around 70 to 90 ng/ml. There are ways to raise your iron without having to take supplements which can be very hard on the stomach. If you'd like to read the longer version of this article, sign up for my free newsletter at www.suzycohen.com, and I will email it to you next week.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Superior Interiors

Encourage More Use Of The Dining Room



by Marcia Feeney

The dining room offers so many opportunities to mingle with loved ones and catch up after time away from each other. Whether you're hosting a holiday, having a game night with your

children or wining and dining with old friends, the dining room table has a way of bringing people together and making the conversation flow in an effortless manner.

But when was the last time that you

retreated to this area of your home? You might have talked about gathering in this space with your favorite people, but did you ever make it to this cozy space, or did you resort to the living room instead? There's nothing wrong with getting together on the sofa, of course, but you should certainly make use of your dining area if you have one.

If you're having a hard time motivating yourself and your guests to sit down at the dining room table and enjoy a meal and conversation, maybe you need to spruce the space up to encourage more usage.

It's easy to assume that you only need enough seating to take care of your live-in family members, but that's likely the reason you don't make use of this space when guests come around. A larger table with more chairs can solve this problem, but you can also keep a bench nearby to accommodate those who don't necessarily need to sit at the table, but still want to be a part of the conversation.

Perhaps the reason you're avoiding

the dining room is that it's dark and gloomy. First, decide how much natural lighting you have available. If your current window treatments are keeping you from embracing the natural sunlight, switch them out for something more flowy and transparent like sheer treatments. If your dining room is in the middle of your home with minimal natural lighting, you may consider a new light fixture that gleams down on the middle of the table. This will not only illuminate the space, but it can also be the perfect focal point of the room.

Every dining room needs a conversation starter. Sometimes it's your favorite relative, other times it's a beautiful piece of artwork, furniture or accessories sitting on the shelf. If you want to make the latter a true statement, find something that brings the room together and intrigues guests from the moment they enter the room until the second they leave.

Sometimes, your dining room needs more than a new table or centerpiece to get the conversation flowing. It may be

time to give the entire room a floor-to-ceiling makeover if you want to turn it into a space that's visited on a more frequent basis. Think new paint color, window treatments, chair cushions, area rugs and other accessories that will make the space feel more complete.

Your dining room space shouldn't go to waste. Instead of treating it like an extra coat closet or storage space for holiday decorations, take advantage of the opportunity to gather with the ones you love. Committing to the project is just the first step. Once you're ready to execute your ideas, evaluate your dining space and your style preferences to establish an overall theme. Next, select décor and furniture based on the available floor space and your dining room will be stylish and welcoming. Maybe, it may even be the only room you want to retreat to in your home.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coindceden.com.✱

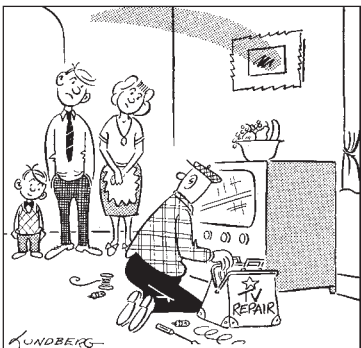


Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500
ARTS	
Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Harmonica Band	610-653-7940
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321
CLUBS & ORGANIZATIONS	
American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	https://www.audubonswfl.org/
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900
AREA ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to:
press@islandsunnews.com

PUZZLES

Answers on page 23



"How long has your picture been
_____ like this?"

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Rare

CREACS

Conduct

EATROPE

Gallery

RACEAD

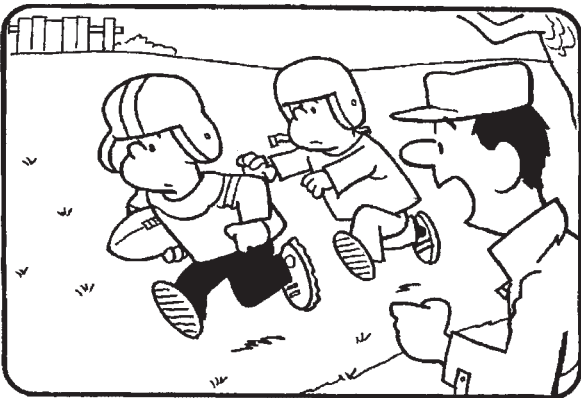
Brush

KORSET

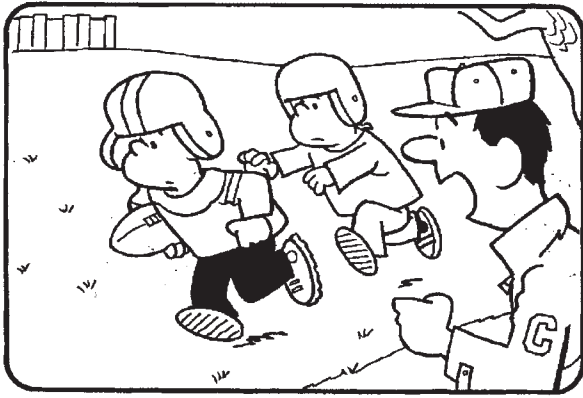
TODAY'S WORD

HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Hedge is missing. 2. Cap is different. 3. Strap is missing. 4. Fence is different. 5. Letter is different. 6. Leg is moved.

9				1				4
		6	9	8	3			
	7		5				2	
	2				6			8
5				7		6	3	
		1	3			4		
4	3				5		9	
6				2		7		
		8	6					5

To Play
Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

PUZZLES

Answers on page 23

Super Crossword

PITIFUL PANTRY PROBLEM

- ACROSS**

1 Spot's threat

4 Bacteria-growing gel

8 Crevices

13 Having the most wisdom

19 Glasgow refusal

20 "Space Ghost" cartoonist Alex

21 Actress Kemper of "The Office"

22 Swollen and distended

23 Central North Carolina city

25 747, say

26 Often-used expressions

27 Start of a riddle

30 "Three Times —" (1978 hit song)

31 Hay unit

32 Be in great anguish

36 Trainee, e.g.

37 Riddle, part 2

42 Diplomat's skill

44 Former NBAer Ming

45 Gets wrinkles out of

46 See 71-Down
- 49 1930s-'40s prez

50 Church vestibule

53 Classical intro?

54 Riddle, part 3

59 It may take the cake

61 "— Sexy" (1992 #1 hit song)

62 Clapton of rock

63 Bernstein's "Candide," for one

67 Early Oscar winner Jannings

68 Riddle, part 4

72 Fought (for)

73 Look for a therapist, say

75 Poi base

76 River mouth deposit

77 Go via boat

78 Riddle, part 5

82 "— culpa!"

85 How a winding path proceeds

87 Part of RBI or ERA

88 Dir. from Ariz. to Ky.

89 Dazzling success

91 Despot Amin

92 Gives a hand
- 96 End of the riddle

100 "Woe is me!"

104 "The Mummies' Dance" singer McKennitt

105 No longer relevant

106 Classic arcade name

107 Riddle's answer

113 All-terrain military vehicle

116 Clipped, as a sheep

117 Many a magic trick

118 Give support

119 Sizable

120 Sulky state

121 Malt product

122 Some online greetings

123 Possessed

124 GI's "lullaby"

125 Longest river of Scotland
- 6 Razor option

7 Certain

8 Drive back

9 "Maybe"

10 Shortcoming

11 Ex-Yankee

12 Appear

13 Miserly

14 Sound engineer's console

15 Smiling one

16 Swelled head

17 Resident of a gaming "City"

18 NFL scores

24 "It's the — an era"

28 Rowboat pair

29 Satisfied sigh

33 Victor's gloat

34 "Titanic" actor Billy

35 Petro-Canada rival

37 Time — half

38 Square type

39 Meg of "I.Q."

40 Three feet

41 "Poppycock!"

43 "Should that be true ..."

46 Brown, Penn and Harvard

47 "The Silence of the Lambs" director Jonathan
- 48 Shaw of swing

50 "Valiant attempt!"

51 Aspiration

52 Just-prior periods

55 Egg middles

56 Work fill-in

57 Goya's gold

58 Cedar

60 "Fat chance!"

63 — about (close to)

64 Mark in "piñata"

65 "Grand" Rockies peak

66 Wise saying

68 Herr's "no"

69 Pot for arroz con pollo

70 "Poppycock!"

71 With 46-Across, brand of frozen fries

74 Is in first place

76 "— be shy"

78 Bona — (real)

79 Lena of "Havana"

80 Grand — (auto race)

81 Drive out
- 82 Whine like a baby

83 Yodeling comeback

84 Banned orchard spray

86 Currency of Laos

90 Dined at someone else's place

92 Embellished

93 Haughty sort

94 Band's lineup of gig songs

95 Fills up

97 "Gas Food Lodging" director Allison

98 Tennis player Shriver

99 Appear

101 Lasso

102 Colorful ring of anatomy

103 Writer Sheldon

106 Lies against

108 Port of Norway

109 Turn to liquid

110 Trumpet, e.g.

111 Forearm part

112 Radar image

113 Color tone

114 Scanned market ID

115 Deg. for many an exec

1	2	3		4	5	6	7		8	9	10	11	12		13	14	15	16	17	18
19				20					21						22					
23				24					25						26					
27								28						29						
30							31						32				33	34	35	
36						37	38				39	40	41							
			42	43							44				45					
46	47	48		49					50				51	52			53			
54			55					56	57	58				59			60			
61							62						63				64	65	66	
67					68	69					70	71					72			
73				74						75							76			
			77					78	79					80	81					
82	83	84		85			86						87				88			
89			90				91				92	93	94				95			
96				97	98					99							100	101	102	103
104										105							106			
			107					108	109	110					111	112				
113	114	115					116													
118							119										121			
122							123										125			

King Crossword

- ACROSS**

1 Russian range

6 First lady before Michelle

11 Salem's state

12 Cancels

14 Mexican revolutionary

15 "Are you happy I'm back?"

16 Low digit

17 Omits

19 Soak (up)

20 1492 vessel

22 Rock's Brian

23 Spanish ayes

24 Devour

26 Religious doctrines

28 — Moines

30 Actress Long

31 Fairly shared

35 Snares

39 "— Smile Be Your Umbrella"

40 Director Howard

42 Half a sextet

43 Egg (Pref.)

44 Pale purple

46 Club —

47 "New World Symphony" composer

49 Recital piece

51 Bagel choice
- 7 Black birds

8 Young — (tots)

9 Putin's land

10 Nearly

11 Ultraviolet filter

13 Old photo tint

18 Ky. neighbor

21 Actress McDonald of "Private Practice"

23 Brainy

25 Pod dweller

27 "Shoo!"

29 Picket-line
- participant

31 Trudges

32 Gunned, as an engine

33 Idle

34 "You've got mail" co.

36 Designer Giorgio

37 Bakery pan

38 Fizzy drinks

41 Twangy

44 Hobbling

45 Musical finale

48 Squealer

50 "Kidding!"
- DOWN**

1 Muse of astronomy

2 Show contrition

3 Khan title

4 Used-car sites

5 Plumber's tool

6 Spooft

MAGIC MAZE ● AMUSEMENT RIDES

T Q N K H E B Y W T R O L J G
E (K A M I K A Z E) B Y W U R P
N K I G D B Z S M X V S Q O M
W K O I R G E L U O C A Y W L
U O S D E E P S L P N Q P N L
A L B J A H T F F A O S E C A
A D Y N X N V S G R F T T U B
S Q A K I O R T O P O E C E E
N M K G J A H O L O F T E O R
E C B Z A Y R E T I B R O R I
X T S I W T V U E E B S I R F

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: Creature With Eight Tentacles

- Booster

Fireball

Freefall

Frisbee
- Kamikaze

Log Flume

Monster

Orbiter
- Rainbow

Rotor

Speed

Tagada
- Tornado

Troika

Twist



Squash and Tomato Gratin

photo courtesy Fresh From Florida



Squash and Tomato Gratin
2 medium yellow squash, thinly sliced
2 medium zucchini, thinly sliced
3 medium tomatoes, thinly sliced
2 garlic cloves, chopped
2 shallots, chopped
1 tablespoon fresh basil, chopped
2 tablespoons Parmesan, grated
¼ cup breadcrumbs

Olive oil for drizzling
Sea salt and fresh ground pepper, to taste
Preheat oven to 400 degrees. Lightly oil an 8-inch square baking dish. Evenly spread the garlic, shallots, and basil in the bottom of the prepared dish. Season with salt and pepper. Angle the yellow squash, zucchini and tomatoes in upright alternating layers (like shingles on a roof), repeating until all the vegetables are used in the casserole. Sprinkle the top with the cheese, then the breadcrumbs. Drizzle lightly with olive oil. Bake for 20 to 25 minutes, until the vegetables are tender. Let stand for five minutes before serving.*

PETS OF THE WEEK



Lucy ID# A804925 photos provided
Lee County Domestic Animal Services

Lucy And Lana
Hello, my name is Lucy. I'm a brindle 9-year-old female pit bull. I'm a low rider whose pint-sized body holds a ton of personality. I was recently taken to an adoption event at Miromar Outlets, and I loved everyone I met. I may be a senior in age, but not mindset. I'm very well-behaved and affectionate. My adoption fee is \$25.
Hi, my name is Lana. I'm a patch tabby 2-year-old female domestic shorthair. I'm a beautifully patterned patch tabby that knows how stunning I am and will pose for a picture as soon as I see a camera. Shy is not a word



Lana ID# A886260
one could use for this girl. I'm very outgoing and spunky. I love people and attention. I will greet staff and volunteers as soon as they enter the cat room and welcome pets and play time. My adoption fee is \$10, and you can adopt a feline friend for me at no additional charge.
Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.*

My Stars ★★★★★
FOR WEEK OF OCTOBER 18, 2021

Aries (March 21 to April 19) You're moving from a relatively stable situation to one that appears to be laced with perplexity. Be patient. You'll eventually get answers to help clear up the confusion around you.
Taurus (April 20 to May 20) A vexing situation tempts you to rush to set it all straight. But it's best to let things sort themselves out so that you can get a better picture of the challenge you're facing.
Gemini (May 21 to June 20) Financial matters could create some confusion, especially with a torrent of advice pouring in from several sources. Resist acting on emotion and wait for the facts to emerge.
Cancer (June 21 to July 22) That goal you've set is still in sight and is still in reach. Stay with the course that you're on. Making too many shifts in direction now could create another set of problems.
Leo (July 23 to August 22) It might be time to confront a trouble-making associate and demand some answers.

But be prepared for some surprises that could lead you to make a change in some long-standing plans.
Virgo (August 23 to September 22) Congratulations. You're making great progress in sorting out all that confusion that kept you from making those important decisions. You're on your way now.
Libra (September 23 to October 22) A difficult experience begins to ease. That's the good news. The not-so-good news is a possible complication that could prolong the problem awhile longer.
Scorpio (October 23 to November 21) Your self-confidence gets a much-needed big boost as you start to unsnarl that knotty financial problem. Expect some help from a surprising source.
Sagittarius (November 22 to December 21) Congratulations. Any lingering negative aftereffects from that not-so-pleasant workplace situation are all but gone. It's time now to focus on the positive.
Capricorn (December 22 to January 19) Your self-confidence grows stronger as you continue to take more control of your life. Arrange for some

well-earned fun and relaxation with someone special.
Aquarius (January 20 to February 18) As usual, you've been concerned more about the needs of others than your own. You need to take time for yourself so that you can replenish all that spent energy.
Pisces (February 19 to March 20) Stronger planetary influences indicate a growing presence of people eager to help you navigate through the rough seas that might mark your career course.
Born This Week: You can balance emotion and logic, which gives you the ability to make choices that are more likely than not to prove successful.
MOMENTS IN TIME
• On October 26, 1775, King George III speaks before both houses of the British Parliament to discuss growing concern about the rebellion in America. He urged Parliament to move quickly to end the revolt and bring order to the colonies.
• On October 31, 1864, Congress quickly admits Nevada as the 36th state in the Union. President Lincoln's

proposed 13th Amendment banning slavery was the decisive factor in easing Nevada's path to statehood.
• On October 27, 1873, Joseph Glidden, an Illinois farmer, submits an application to the U.S. Patent Office for his new design for a fencing wire with sharp barbs on two strands. Barbed wire would forever change the face of the American West.
• On October 25, 1929, during the Teapot Dome oil reserve scandal, Albert Fall, who served as secretary of the interior under President Warren Harding, is found guilty of bribery and conspiracy. He was the first former cabinet officer sentenced to prison as a result of misconduct in office.
• On October 30, 1941, President Franklin Roosevelt, determined to keep the United States out of the war while helping those allies already mired in it, approves \$1 billion in Lend-Lease loans to the Soviet Union. The terms: no interest, and repayment would not start until five years after the war ended.
• On October 28, 1962, Soviet Premier Nikita Khrushchev orders the withdrawal of missiles from Cuba,
continued on page 22

 FRIDAY Cloudy High: 85 Low: 70	 SATURDAY Cloudy High: 83 Low: 71	 SUNDAY Few Showers High: 79 Low: 64	 MONDAY Cloudy High: 80 Low: 67	 TUESDAY Cloudy High: 82 Low: 66	 WEDNESDAY Cloudy High: 83 Low: 70	 THURSDAY Few Showers High: 82 Low: 67
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Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	1:34 am	8:38 am	3:44 pm	7:44 pm	Fri	12:39 am	8:40 am	2:49 pm	7:46 pm	Fri	2:04 am	9:14 am	3:29 pm	9:09 pm	Fri	3:44 am	11:54 am	5:54 pm	11:00 pm
Sat	1:55 am	9:14 am	4:30 pm	8:00 pm	Sat	1:00 am	9:16 am	3:35 pm	8:02 pm	Sat	2:14 am	9:48 am	4:09 pm	9:30 pm	Sat	4:05 am	12:30 pm	6:40 pm	11:16 pm
Sun	2:21 am	9:55 am	5:27 pm	8:14 pm	Sun	1:26 am	9:57 am	4:32 pm	8:16 pm	Sun	2:27 am	10:22 am	4:49 pm	9:43 pm	Sun	4:31 am	1:11 pm	7:37 pm	11:30 pm
Mon	2:52 am	10:43 am	None	None	Mon	1:57 am	10:45 am	None	None	Mon	2:53 am	10:56 am	5:28 pm	9:56 pm	Mon	5:02 am	1:59 pm	None	None
Tue	3:29 am	11:42 am	None	None	Tue	2:34 am	11:44 am	None	None	Tue	3:31 am	11:33 am	6:10 pm	10:16 pm	Tue	5:39 am	2:58 pm	None	None
Wed	4:15 am	12:51 pm	None	None	Wed	3:20 am	12:53 pm	None	None	Wed	4:15 am	12:20 pm	7:02 pm	10:42 pm	Wed	6:25 am	4:07 pm	None	None
Thu	5:18 am	2:02 pm	None	None	Thu	4:23 am	2:04 pm	None	None	Thu	5:03 am	1:33 pm	8:02 pm	11:17 pm	Thu	7:28 am	5:18 pm	None	None

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END OF SUMMER AC TUNE-UP
Have you done your
AC Tune-Up Yet?

From page 20

Moments In Time

ending the Cuban Missile Crisis. In 1960, Khrushchev had launched plans to install ballistic missiles in Cuba that would put the eastern U.S. within range of nuclear attack.

• On October 29, 1998, almost 40 years after he became the first American to orbit Earth, Sen. John Glenn Jr. is launched into space again as a payload specialist aboard the Space Shuttle *Discovery*. Glenn, 77, was the oldest human ever to travel in space.

NOW HERE'S A TIP

- Update window treatments to compensate for dropping temperatures. Trade your sheers for sturdy, draft-blocking panels.
- To easily get keys on a keychain, use a staple remover to create an opening to slip the keys on. It is very effective and will keep you from getting frustrated.
- When hammering a nail, try this save-your-finger trick: Use a clothespin to hold the nail steady, and then use your hammer to drive it in. Hammering into the wall? Push the nail through a

strip of cardboard, and then hold the cardboard over the right spot. No more banged-up fingers or thumbs!

- “At a party, someone spilled a cup of red wine on one of my throw pillows. I love the pillow, since it is just the right size and really soft, but I could not get the stain out. So I covered it with a new fabric. I ended up doing all the assorted pillows in the same fabric, and it made a big change in the room. I wish I had done it sooner.” – IF in Pennsylvania
- Bringing some plants indoors? Use styrofoam packing peanuts in the bottom of pots when planting. They aren’t as heavy as rocks, but they do just as good a job. It makes the pots easier to move around should you need to.
- “For easy-cleanup pancakes, use a turkey baster to ‘squirt’ the batter in the griddle or skillet. No drips, and it usually results in a pretty good circle, too!” – AJ in Florida

STRANGE BUT TRUE

- Bob Marley gave a songwriter credit on *No Woman, No Cry* to his friend Vincent Ford, who ran a soup kitchen in his hometown of Trenchtown, to ensure the royalty checks would keep it open.
- You’re more likely to die on your

way to purchase a lottery ticket than you are to actually win the lottery.

- *Stenocereus Eruca*, commonly known as the Creeping Devil, is a species of cactus that lies on the ground and grows at one end while the other end slowly dies “creeping” (growing) up to two feet a year. It can also clone itself to survive.
- Babe Ruth paid a fan \$20 to return the baseball he hit for his 700th career home run.
- When he retired in 1990 after molding 1.4 billion crayons, Crayola’s most senior crayon molder, Emerson Moser, revealed he was actually blue-green color blind.
- In 2017, social robot Sophia was given citizenship by Saudi Arabia – the first robot to be given legal personhood anywhere in the world.
- The Western lowland gorilla’s scientific name is *Gorilla gorilla gorilla*.
- Speaking of names, SpongeBob was originally created as SpongeBoy, but Nickelodeon discovered that the moniker was already copyrighted by a mop.
- A study revealed that people scored higher in a mental agility test while wearing a lab coat they believed was a

doctor’s coat. The effect was not there when they believed the same white coat was a painter’s coat.

- Using &%#@\$ instead of swear words is called a Grawlix.
- In Singapore, you can’t walk naked in your own house. Well, you could, but you’d be facing a possible fine of \$1,136, so we don’t recommend it.

THOUGHT FOR THE DAY

“Good books, like good friends, are few and chosen; the more select, the more enjoyable.”

– Louisa May Alcott

TRIVIA TEST

- 1. Measurements:** What period of time is represented by a triennial?
- 2. Movies:** Which actress is the voice of Jessica Rabbit in *Who’s Afraid of Roger Rabbit?*?
- 3. Language:** What word represents the letter E in the radio phonetic alphabet?
- 4. Television:** What is the name of the alternate dimension in Netflix’s original series *Stranger Things*?
- 5. Art:** What is alebrije?
- 6. Comics:** What was superhero Deadpool’s real name?

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10/1 ★ 10/22

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6/5 ★ TFN

VOLUNTEERS NEEDED

**RED KETTLE
BELL RINGERS NEEDED**

This year's Salvation Army Red Kettle program runs from Friday, November 26 to Friday, December 24. Sanibel bell ringers will be on duty from 8 a.m. to 7 p.m. Monday through Saturday. Volunteers are needed, preferably for a two-hour session. Sign up online at www.registertoring.com. Log in with your email and password, and choose your date(s) and time(s). Coordinators for this year's campaign are John MacLennan, 401-932-4383, and Susan MacDowell.

10/22 ★ 11/19

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10/15 ★ 11/19

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10/15 ★ 10/29

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12/11 ★ TFN

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FINANCE ADMINISTRATOR

wanted at the Sanibel Historical Village, 950 Dunlop Road, Sanibel. Position available immediately. 20 hours per week, flexible; no benefits. Responsibilities include managing the donor database including mailings, budget and financials, managing state/city financials, audit and tax filings, day-to-day duties related to admissions desk and gift shop. Apply to info@sanibelmuseum.org or to request a comprehensive job description. Qualifications:

- 3-5 years relevant experience in accounting and bookkeeping
- Thorough knowledge and understanding of GAAP
- Proficient skills in QuickBooks and Microsoft Excel; Donor Perfect a plus
- Experience with accounts payable, accounts receivable, payroll, and general ledger

10/22 ★ 10/29

HELP WANTED

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Looking for part-time and full-time help. Great working environment and not open on Sundays. No uniforms and pay commensurate with experience. Call Kathryn at 634-5930 or just drop in. The address is 2025 Periwinkle Way, Sanibel, Florida.

10/22 ★ 10/29

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10/22 ★ TFN

GARAGE SALE

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10/22 ★ 10/22

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1/4 ★ TFN

- 7. Animal Kingdom:** Which mammal has the shortest gestation period at 11 days?
- 8. Literature:** What did Hagrid name his Norwegian Ridgeback dragon in JK Rowling's *Harry Potter* books?
- 9. History:** Who was *Time* magazine's first man/person of the year?
- 10. Geography:** What are the official languages of Haiti?

TRIVIA ANSWERS

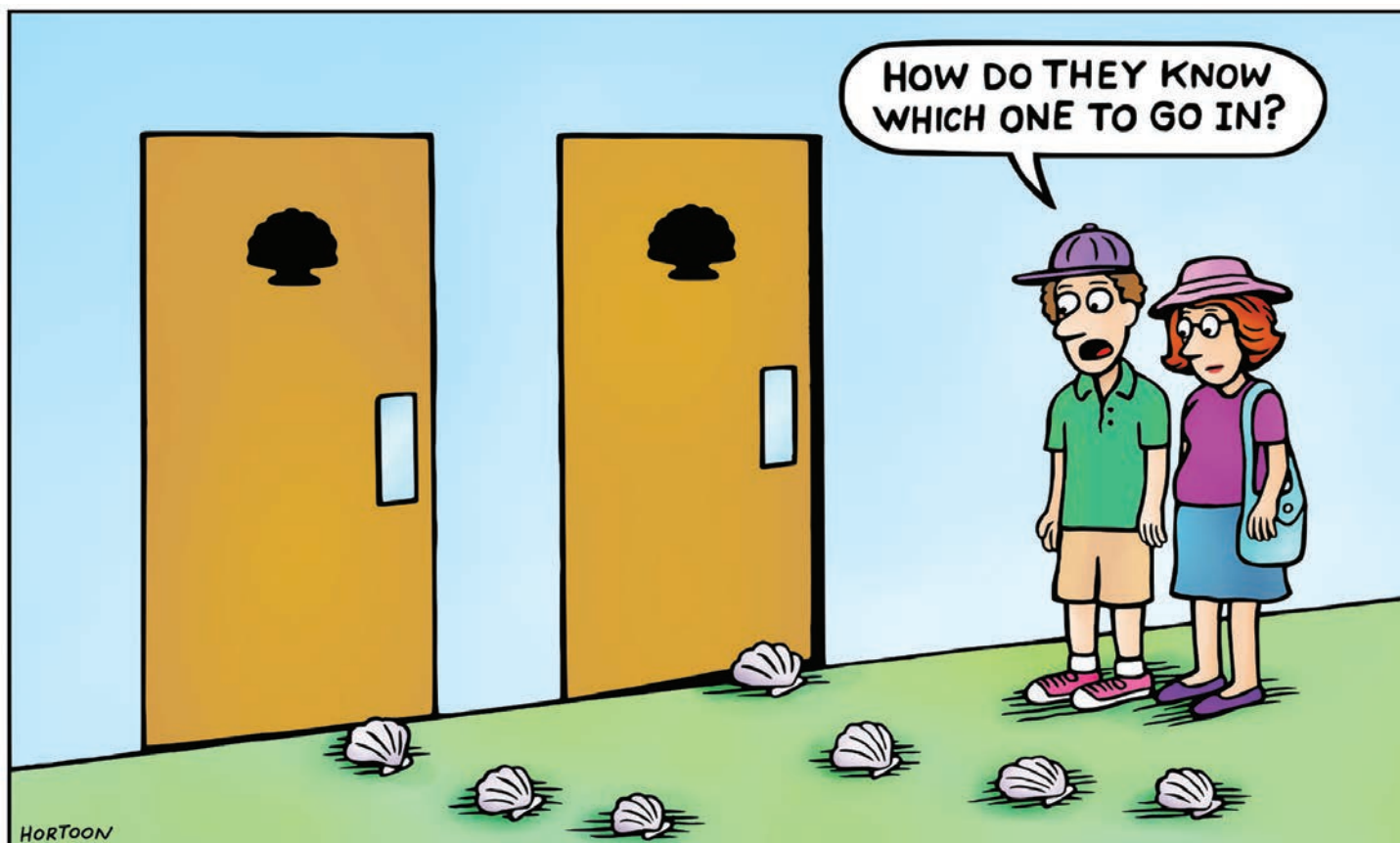
1. Every three years
2. Kathleen Turner
3. Echo
4. The Upside Down
5. A type of Mexico folk art that depicts fantastical creatures painted in bright colors and intricate designs
6. Wade Wilson
7. Striped face dunnart, an Australian marsupial. (Possums have the next shortest gestation period at 12 days.)
8. Norbert
9. Aviator Charles Lindbergh
10. Haitian Creole and French

SCRAMBLERS ANSWER

1. Scarce 2. Operate;
3. Arcade; 4. Stroke

Today's Word
CROOKED

HORTOONS



PUZZLE ANSWERS

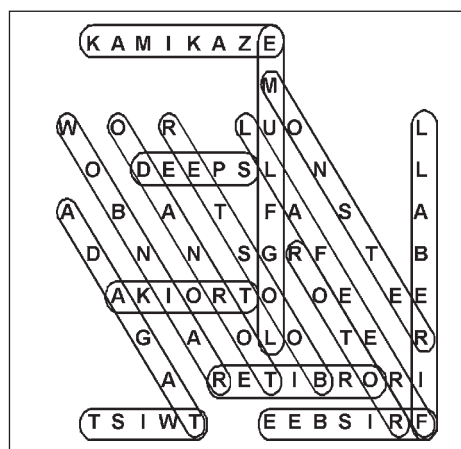
SUPER CROSSWORD

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			O	L	D	M	O	T	H	E	R	B	L	U	B		B	E	R	
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KING CROSSWORD

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MAGIC MAZE



SUDOKU

9	8	3	2	1	7	5	6	4
2	5	6	9	4	8	3	7	1
1	7	4	5	6	3	8	2	9
3	2	7	4	5	6	9	1	8
5	4	9	8	7	1	6	3	2
8	6	1	3	9	2	4	5	7
4	3	2	7	8	5	1	9	6
6	9	5	1	2	4	7	8	3
7	1	8	6	3	9	2	4	5

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Sanibel Estates	Sanibel	1991	4,367	\$4,250,000	\$3,800,000	174
Tradewinds	Sanibel	1979	2,360	\$2,990,000	\$2,990,000	24
Marina Isle	Bonita Springs	2000	4,380	\$2,899,000	\$2,800,000	36
Salerno	Miromar Lakes	2017	3,235	\$2,750,000	\$2,750,000	72
Cape Coral	Cape Coral	2001	4,797	\$2,595,000	\$2,612,800	5
Woodsedge	Estero	2006	5,927	\$2,595,000	\$2,595,000	14
Cortona	Miromar Lakes	2019	3,227	\$2,300,000	\$2,300,000	4
Fort Myers Gulf Acres	North Fort Myers	1980	6,190	\$2,449,000	\$2,200,000	96
Barefoot Bay	Bonita Springs	2002	3,487	\$1,975,000	\$1,950,000	29
Cape Harbour	Cape Coral	2003	3,970	\$1,995,000	\$1,835,000	19

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